

Volume 2, Number 1

May/June 2004 Issue

# *The Independent American*

*The Magazine*

*For A*

*Free Life*



## **Radioactive Iodine!**

by Corceigh Green

February of 2004 saw the largest Soviet style wargames based on a nuclear exchange with America since the fall of the Soviet empire. Our new “friends” in

the Russian Federation have seen fit to deploy high tech, atmospheric maneuverable nuclear warheads on modernized missile delivery systems designed to penetrate anti-ballistic missile defenses. (See [The Independent American March/April 2004](#))

This was made possible by an act of treason ([continued on page 7](#))

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# The Independent American

The Magazine For A Free Life

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Page 50: Plants Useful Against The  
Effects Of Radiation

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Corceigh Green, junior editor.

## About This Issue

### *The Independent American Turns One Year Old!*

Has it been a year already!?!?

Yes it has. Our first issue was published on Tom Icom's HD-Works web site on May 10th, 2003. The response to our first issue knocked us off the web as thousands of hits eroded the bandwidth of poor Tom's web site.

Of course our first issue was published free to Americans as an introduction to our magazine. Giving away free samples or previews is kind of like putting up a sign that says free beer and standing in the doorway. Like the old Warner Bros. cartoon, you'll be trampled in the stampede of thirsty humanity.

We took this as a good sign, however. We may have been knocked down, but we were knocked down by Americans who were interested in the kind of information we were printing for them.

We had some very gracious offers from web masters like Bax, who also moderates Miscellaneous Survival, to mirror our web pages on their sites. Unfortunately, at the time, I didn't have the necessary programs or skills to transfer documents via FTP protocol. Now that I am handling web pages, formatting, and publication, I have had to learn very fast and acquire the necessary programs.

Our second issue came with a few glitches. Our layout artist had some scheduling conflicts. He was faced with the glorious job of working for the magazine without compensation, (yeah, we are a poor crowd), or working a less gratifying, but financially rewarding job. Opting to feed his young family (who can blame him?), Tom had no choice but to earn some cash.

That left us with an unfinished issue for our second outing and no way for anyone to find us. Fortunately, I knew enough about HTML to put together a fair document on our main web site at <http://theindependentamerican.freeyellow.com>. The second issue was loaded with a super amount of important information. Unfortunately, most missed it, but can still be read at the above site.

I went on to learn about PDF documentation and FTP transfers. I took up the job of putting the publication together and transferring the document to the site, as well as e mailing the issues to

our subscribers. The few glitches we have run into since, has taken the form of files too large to transfer via e mail. Fortunately, after a bit more education, some software was found which allowed me to resize photos and alter resolution. This maintained a good view of the subject, but reduced the size of the file. As of last issue the file size problem has been solved.

It has been an interesting and enlightening road, the past year. I have always aspired to write outdoor and survival based articles to help to educate my fellow Americans. I never dreamed that I'd be formatting and publishing a magazine. I can't say that it hasn't had it's frustrating moments, but as long as this magazine continues to help Americans prepare for what lies ahead, I am enjoying the experience.

The past year has brought you articles like *The New Nuclear Threat*. This article was published in our first issue and detailed the threat as faced by Americans today. It also outlined what you need to do when planning for your family's survival. Feedback was not too friendly. Some responses claimed the article was too scary and we were paranoid. Some thought that we wanted to bring back "the bad old days" of the cold war with Americans "hiding" in their shelters.

Due to this feedback we stopped publishing articles on nuclear survival. February of 2004, however, saw our vindication. The Russians began testing a missile system designed to launch warheads that could evade anti-ballistic missile defenses. This technology, partly supplied by the Clinton and Bush regimes, was obviously developed to penetrate

American missile defenses.

Many Americans have come to the realization that they are again the targets of nuclear weapons. It has been proven that this threat exists and that Americans must be prepared to meet this threat. As such, we are again publishing articles dealing with nuclear survival.

We are not just about nuclear survival, however. As we describe ourselves on our web page, "*The Independent American* is a bi-monthly magazine written and operated by constitutionalists, self reliant and freedom minded individuals for those in the self reliance and freedom movements. *The Independent American* presents well written articles on subjects such as; survival, nuclear war/accident, homesteading, self reliance, freedom/resistance to tyranny, alternatives in technology, gardening/animal husbandry/raising ones own food, health/alternative medicine/healing, first aid/medical emergencies, natural/man made disasters, and outdoor living."

That covers a lot, but all of these subjects overlap to be covered under the single heading of survival. It is much more than that, however. Our devotion to freedom and our constitutional form of government combines to form the concept of American survivalism.

In presenting the truth and articles detailing independence, self sufficiency and survival, we have been called radical and even neo-nazis. The tiered, old neo-nazi label came from a moderator at gunboards.com. These guys should have known better as they claim they are concerned over loosing their Right to keep and bear arms.



Allow me to state, yet again. Our Constitution is the true SUPREME LAW of our land. Those that violate our Constitution are the true radicals. To throw Americans in jail for violating a statute that conflicts with the exercise of an enumerated Right, (or any Right eluded to through the Ninth Amendment) is an act of treason. Congress does not have the authority to pass an act into law which violates any Right or Rights of the people. Congress critters will tell you that legislation passed by Congress is *presumed* constitutional until struck down by court rulings, but this is a lie. Congress critters shall not knowingly pass an act that conflicts with Rights of the people. If Congress critters are ignorant of those Rights, they have NO business in any American legislative body. This is not a nazi concept. It is 100% American!

We've all heard the "interpretation" argument. "It all depends on how you interpret the Constitution.", they'll tell you. This from a group of bums that don't even know what the meaning of the word "is" is. It's time for Americans to grow up and face the truth. Our Constitution means what it says and any American with a sixth grade education can read and understand what our forefathers wrote. My apologies to public school educated people who were never able to break their programming.

Here is the truth about the interpretation argument. Our Constitution was written by well educated men who knew what they were writing about. They prayed for divine guidance before embarking upon the project of writing our Constitution and received inspiration from God. They had just fought a war to dissolve the bonds

between themselves and a tyrannical government and limited the powers of the new government to keep it small and constrained within a supreme law. They continued to acknowledge America's Declaration Of Independence, so that if the new government ever became destructive of the ends to which it was created, the people would know to rise up and abolish such a tyrannical government. Our forefathers wrote our Constitution as a guide from which our government shall operate. Any function that government takes upon itself that is not delegated to it by our Constitution is a usurped power and not a legitimate function of our government. Should government enforce that power unlawfully, government becomes a criminal entity.

Anti-government is another label that has been thrown at us. I have already explained that our Government is defined by our Constitution for these United States of America. At *The Independent American*, we uphold our Constitution and the ideas of the forefathers of our American Republic. Since our Constitution *is* our government, the support given it by us is rightly termed pro-government or pro-Constitution. Violations of our Constitution perpetrated by despots within government are truly anti-government. When an American is jailed for exercising his or her Rights, *that* is anti-government.

This issue of *The Independent American* marks not only one year of publication, but the beginning of another year and hopefully many more after that. This issue kicks off our new annual volume with the same quality and timely information that you have come to expect from us in the past year.

We kick off this issue with the article, *Radioactive Iodine!*. This article details the dangers of radioactive iodine, what it is, how it may harm you and steps to take to protect yourself from this threat. In today's modern world, radioactive iodine may be a hazard in the form accidental releases, terrorist incidents or nuclear war. It can pose a hazard from any direction as sources exist across the country. You must be aware of the threat and prepared to meet it.

Our editor in chief, Douglas Paul Bell has been hard at work at the type writer. He has contributed his usual excellent advice as to which books would most benefit Independent Americans in his *Book Reviews* column.

Doug has also contributed the article, *Gunsmithing Tool Box*. Gunsmithing tools could become very important to Independent Americans in the future. Doug discusses what tools are the most important to have on hand, how to store them and where to get them. You may be relying on your firearms to protect you and to provide you and your family with meat in the future. Don't neglect to have on hand the tools you'll need to maintain those firearms.

Doug hasn't stopped there, either. In his article, *.45 ACP Vs 9MM And So Forth*, Doug considers the arguments of the various comparisons of cartridges, actions, revolvers and pistols and gives the answers of the most often asked questions.

This entry for *The Brushfire News* column has Hari making the statement, *There Is No Militia*. What *is* our militia? Who is it supposed to be? Why does it exist and *DOES* it exist? These may be tougher

questions than you want to ask yourself, but they are questions that we *must* be asking ourselves and acting upon.

We have a superbly crafted article by MaryAnn Crum, co-chairman of the Alabama Constitution Party. *If My Vote Were The Deciding Factor* explains to Americans just what wasting their votes means. Can you in good conscience vote for a third party? Who in a third party would you vote for? Is voting for the lesser of two evils a viable option for Americans? MaryAnn Crum offers a brilliant answer that all Americans should hear.

Our series of articles on the chemistry behind making expedient ammunition, in case ammo is banned or excessively taxed, moves into *Expedient Primers And Chemical Compounds* with this issue. You can't make a cartridge go bang without a primer. If you don't have them, can *you* make them?

The Reverend Doctor J.D. Hooker contributes another article for our *Projects For Home And Life* column. Rev. Dr. Hooker makes some very good points about teaching our children and explains how we can make an *American Indian Crafted Turkey Call*.

Of course there is much more to be read. Please enjoy and, as always, May you never need the information herein, but may it prosper you and see you through any situation.



(continued from page 1)

perpetrated by both the Clinton and Bush administrations. (The selling of launch technology and super computers.) Hopefully, American Citizens have learned as much from the simulated attack as the Russians. Americans *should* have learned that nuclear war, blackmail or attack is every bit a possibility now as it ever was.

At the same time, Americans are being warned of the possibility of radiological dispersal weapons that may be used by terrorists in attacks upon Citizens. Unlike thermo-nuclear weapons, radiological dispersal weapons use a conventional explosive or other means to disperse radioactive material over an area or within strategic structures. Contamination by radioactive material will render structures or areas uninhabitable for long periods depending on the half-life of the radioactive material used.

Nuclear power plants are a ready source of electricity. Unfortunately, they are also a source of radioactive material. Usually well contained, this material sometimes is released in accidents or in government experiments and exercises as has been the case at the Hanford, Washington plant near my area.



Radioactive isotopes pose a serious health

risk to Americans. The fission of uranium and/or plutonium produces several effluent radiological products. All of them are hazardous and worth discussing. We will be focusing our attention on radioactive iodine with this article. If Americans are granted the grace of time, we will focus on other radio-nuclides in the future.

Radioactive iodine is chemically the same as stable iodine. It is a non-metallic solid with a low melting point at 236 degrees Fahrenheit upon which it becomes liquid. Upon being heated very fast, iodine can transform from solid to gas without becoming liquid. Iodine gas is an irritant to the throat and eyes in sufficient quantity and can be seen as a purple vapor. It would be unusual to have a sufficient quantity to see after an accidental release or nuclear detonation. Detection will need to be via radiation meters. Iodine is highly soluble in water and alcohol. Iodine also reacts readily with other chemicals to form compounds, making iodine absorbable into the environment and available through the food chain, water and air.

Fortunately, stable iodine is not a threat to mammals. Iodine is constantly taken into the blood stream and stored in the thyroid gland. Excess iodine is passed out of the body through the kidneys and urinary tract. As mentioned, stable iodine is chemically identical to radioactive iodine and your body does not know the difference between the two. This means your body will take up radioactive iodine, store it and pass it through your body as though it were ordinary, stable iodine.

It is during the fission of uranium or plutonium that radioactive iodine isotopes are formed. The radioactive forms of

iodine are beta particle and gamma ray emitters. Gamma radiation is a high energy photon of light. It is very penetrating and damaging to body tissues, especially protein. Beta particles are highly energetic electrons stripped from their atoms through atomic decay. Beta particles are damaging to exposed skin, eyes and respiratory tract.

After a nuclear release or attack, most radioactive iodine will exist in the environment as a gas. Much of this gas will be dissolved in water, through rain-out or contact with streams, rivers or lakes. Radioactive iodine gas will also come into contact with grass and green, leafy vegetation. Due to iodine's ready solubility, the contacted vegetation will absorb the radioactive iodine and pass it into animals that eat the vegetation. Those drinking water contaminated by radioactive iodine will absorb the nuclide in this manner as well. Radioactive iodine gas can be breathed into the lungs and absorbed into the skin and eyes.

Once in the lungs, skin or eyes, the iodine is absorbed into the blood stream through small capillaries. The iodine will circulate through the blood stream until it reaches the thyroid gland which absorbs the iodine and stores it. When the thyroid has reached it's capacity to store iodine, excess iodine remains in the blood until it encounters the kidneys, which filter out the iodine and pass it out of the body through the urinary tract.

Because iodine will remain in the blood stream after the thyroid has reached it's storage capacity, human beings eating the meat of contaminated animals may absorb radioactive iodine through the animal's blood. Iodine is also readily excreted

through a mammal's mammary glands. Thus radioactive iodine will be prevalent in milk from contaminated areas.

Radioactive iodine that contacts the skin or remains in the blood stream will contribute to the whole body radiation exposure. This is the exposure that tends to effect or damage the whole body. Upon being filtered through the kidneys, radioactive iodine will contribute to the kidneys' specific organ exposure. Radioactive iodine stored in the thyroid will also contribute to that organ's specific organ exposure.

Beta particles emitted by radioactive iodine will ulcerate tissues within the organs in which it is stored. This will leave roughly spherical areas of dead tissue surrounding molecules of the stored radio-nuclide. Tissues will be damaged in a similar manner as thermal burns.

Gamma radiation breaks down organ tissues, interacting especially with proteins. Protein is broken down by gamma radiation, decomposing body tissues. Gamma emitters stored in specific organs will still tend to contribute to a whole body exposure. It will also more heavily effect the organ in which it is stored, breaking down the organ's tissue and eventually destroying the organ. Organs damaged in this way may contract cancer after a period of time due to cellular damage.

Iodine stored in the thyroid gland typically has a biological half life of one hundred days. In this case, half life means that it will take one hundred days before one half of the iodine stored in your thyroid gland is eliminated from your body. Biological half lives of other organs

are not so long, as the thyroid's function is partly to store iodine. The biological half life of iodine from bones is fourteen days. From the kidneys and urinary tract, the biological half life is one week.

Radioactive iodine's ability to damage body tissues relies on the amount of time that it decays or remains radioactive. In the environment, radioactive iodine will continue to emit gamma rays and beta particles, effecting the whole body exposure of animals and human beings approximate to deposits. As long as radioactive iodine remains in the body, it poses a serious problem as a source of radiation.

Radioactive iodine differs in respect to the specific isotopes' half life. While radioactive iodine and stable iodine all share the exact biological half life, (or the amount of time it takes to eliminate from the body), differing isotopes have differing radiological half lives (or the time it takes for the isotope to decay and become reduced in radioactivity).

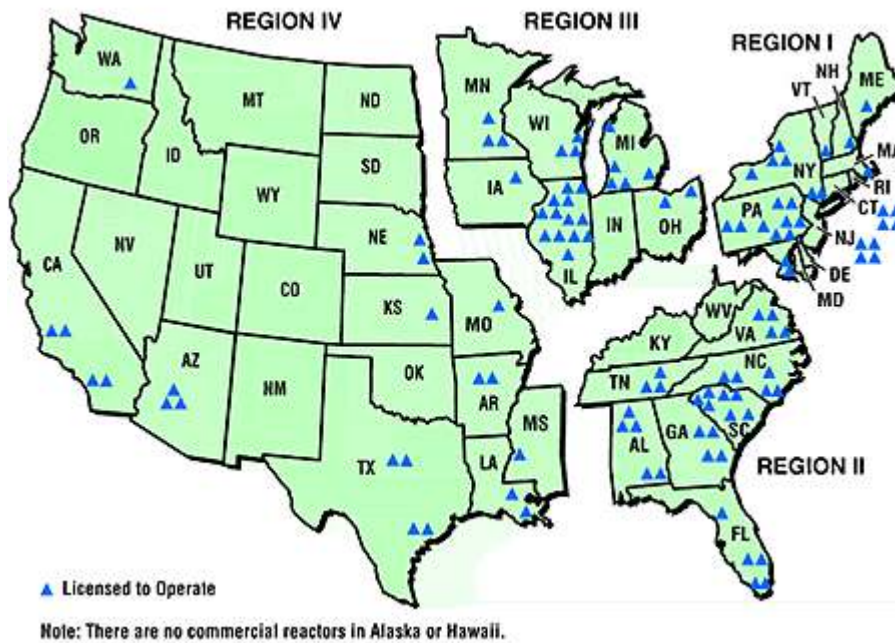
Each isotope will decay at varying rates. Iodine-131 has a half life of 8 days. It is the longest lasting of the short-lived isotopes and will require the passage of 150 days to decay to safe levels. Iodine-125 has a half life of a few hours and is sometimes used in radiation therapy in the treatment of cancer. Iodine-125 decays by the capture of electrons. The product of this decay is technetium-125 which also emits gamma radiation and X rays. Iodine-132 is similar to iodine-125 in that it decays through electron capture into technetium-132. Technetium-132 also emits gamma and X radiation. Iodine-133 possesses a half life of 21 hours. Iodine-135 has a half life of 6 2/3 hours.

When calculating time for the short-lived iodine isotopes to decay to safe levels, always calculate by iodine-131's half life. The other short-lived iodine isotopes will have already decayed to safe levels at this time.

Iodine-129 is a long-lived isotope. It has a half life of 15.7 million years! You will need to be able to take more active measures against this isotope as waiting for it to decay to safe levels is not feasible. Fortunately, iodine-129 produces low activity, emitting extremely low energy beta particles. Due to its slow decay, its level of radioactivity is reduced, but is still dangerous.

In the May/June 2003 issue of *The Independent American*, the article, *The New Nuclear Threat*, details how to store soil in an airtight shelter to keep it from becoming contaminated. Use this same method to store soil and replace it after an event or war. This will keep your crops and surrounding area relatively free of radioactive iodine. The method of farming radioactive nutrients out of your soil will also work with iodine, though the tarp protection method will not.

Iodine isotopes are produced at the quantity of 125 million curies per megaton of fission. It will be dispersed over a wide area via wind patterns. The chances of encountering radioactive iodine after a nuclear exchange is high. The chances of encountering radioactive iodine after a terrorist incident or release from a nuclear power plant depends upon your proximity to the incident, wind patterns and weather conditions.



US government map denoting nuclear reactor locations.

The above map shows the locations of nuclear power plants in America. If you live in a down wind area of any of these plants (and that's nearly all Americans) you need to have radiological protection, a plan to evacuate contaminated areas and a means to reduce the effects of radioactive iodine.

Your plans must include a place to stay outside of effected areas. Family and friends will be able to provide this during an accident, release or single incident. During an exchange, however, you will need an independently established shelter for your family or group. Read *The New Nuclear Threat* to use as a guide in preparing your retreat area or shelter.

As mentioned, radioactive iodine is stored in the body by the thyroid gland. To help reduce the effects of radioactive iodine, you may take in enough stable iodine to cause your thyroid to reach it's capacity to

store iodine. This will keep your thyroid from storing radioactive iodine. Radioactive iodine that is absorbed into your blood stream will remain there where it will be eliminated from your body via the kidneys and urinary tract. Radioactive iodine will still contribute to your whole body dose and specific kidney dose, but will be eliminated from your body much sooner, causing less damage.

It is preferable to purchase prepared iodine tablets to ingest for the purpose of blocking the thyroid. There are currently two options regarding thyroid blocking iodine tablets. The first and oldest option is potassium iodide (chemically KI).

Potassium iodide is the blocking agent preferred by most nations and agencies for the sole reason that it is less irritating to the intestinal tract. Potassium iodide is distributed in adult human doses. It's tablet form is quite small and brittle, making for a tough time at dividing the



tablet into children's and pet dosages. Potassium iodide is also hygroscopic, giving the tablets a more finite shelf life. Studies have shown that unopened bottles of potassium iodide will retain their efficacy for approximately 11 years when stored at room temperature depending on the brand. Some brands may last for only 5 years.

Potassium iodide may also be purchased in granulated form. Store granulated potassium iodide in an airtight, waterproof container (enamel lined, metal cans are best) in a dark, dry area at or below room temperature. To use, dissolve 130 milligrams of granulated potassium iodide in 4 2/3 gallons of water. One teaspoon of this solution is an adult dose. One half teaspoon is a children's ages 3 to 16 dose. For infants younger than one month, administer one eighth teaspoon. For children between one month and 3 years of age, administer one quarter teaspoon.

Potassium iodide is quite bitter tasting. If you are administering the dissolved granulated form, you will need to dilute the solution in fruit juice or milk.

Potassium iodate (chemically  $KIO_3$ ) is the other alternative. Notice, this is an iodate, not an iodide. Potassium iodate contains an extra molecule of oxygen. This makes potassium iodate non-hygroscopic and extends storage life. The iodate form is also neutral tasting. Since there is no bitter taste, it is easier for children to swallow. Tablet forms are sold in children's doses. This means that you do not have to divide the small tablet for children, they swallow one whole tablet. Adults take two tablets. Infants one month to 3 years of age takes one half tablet and newborns to one month takes one eighth tablet. The tablets may be

crushed and sprinkled in food or mixed in juice or milk.

Pets will also benefit from potassium iodate as it is not harmful to mammals in the proper doses. Large dogs will need one or two tablets per day. Medium dogs will need one half to one tablet per day. Cats and small dogs will need one quarter tablet per day. Consult your veterinarian for the exact dose for your pet. If your veterinarian is uncooperative in your inquiries, get another vet!

Potassium iodate does have the potential to be more irritating to the stomach and intestinal tract than potassium iodide. However, when taken with food is less irritating and easier to keep down, as is the case with potassium iodide.

For groups or families with children and pets, potassium iodate will prove to be the best choice in thyroid blocking agents. The choice of potassium iodate allows the family or group to more easily treat children and pets, as well as adults.

The doses mentioned above are daily doses and should be continued for a minimum of 15 days to a maximum of 85 days. Calculate your doses for the decay of iodine-131 which will take 150 days to decay to negligent levels. This is longer than the recommended maximum dose of stable iodine, therefore stop administering stable iodine for a period of 15 days after the maximum dose has been administered and begin doses again after the 15 day period. This will complete a 100 day cycle, allowing some of the iodine to be eliminated from your body, before you begin re-administering stable iodine doses. Maximum doses after the first maximum dose has been accomplished should not

exceed 15 days.

A nuclear release from a power plant may occur only once and the decay rate may be calculated from this release. However, if a release occurs more than once, or in the event of a nuclear war, nuclear detonations will occur up to several days after the first detonation in an exchange. You must calculate the decay rate of iodine-131 from the last detonation or release. Also, try to provide enough protection at your shelter sight so that you will not need to re-administer doses continually.

As mentioned, radioactive iodine will continue to contribute to whole body and kidney specific radiological dose even when the thyroid is blocked with stable iodine. To reduce the harmful effects of radioactive iodine, blocking the thyroid with stable iodine is very important, but further protective measures should be taken as well.

When planning to shelter from the effects of nuclear war or nuclear plant effluent, it is important to provide your shelter with an air filtration system. Forcing air through a charcoal filter will remove a good portion of iodine compounds even those compounds existing as a gas. This is due to iodine's propensity for forming compounds with whatever it comes in contact with, as well as charcoal's propensity for absorbing and holding impurities. Some of the radioactive iodine may have formed compounds with oxygen and nitrogen molecules in the atmosphere, however. Some of these compounds will probably penetrate your filter, though in reduced numbers.

If you have wisely positioned yourself

outside of nuclear target areas and as far as possible from downwind areas of nuclear power plants, this will probably be sufficient in your preparations. Unfortunately, the world isn't perfect and you and your family may find yourselves in a heavily saturated area. You may add a water trap and condenser to your shelter's air filter (which will remove all radio-nuclides from your air supply), however, if your area is that heavily saturated you will do better to evacuate.

When evacuating, you must protect yourself from radio-nuclides like radioactive iodine. Your first line of defense should be a stable iodine blocking agent administered to every member of your group or family and pets.

Secondly, MOPP (Mission Oriented Protection Posture) gear is essential for keeping contaminants off your body and from being inhaled. Mask up using a modern gas mask with a NATO NBC rated filter. Though not perfect, this filter will protect you from inhaling most of the radio-nuclides in the air.

You will also need to suit up. Current issue charcoal lined MOPP suits are somewhat effective at protecting against radio-nuclides and gasses, however, their effectiveness is limited to the saturation of their charcoal lining. These current issue suits have also been stored at military facilities. This means that they have been treated with a fungicide, sprayed onto the garments. This fungicide is absorbed by the charcoal lining which, at least, partly saturates the charcoal, limiting it's protective efficacy. You will be better prepared by utilizing the non-permeable suits. Though, these non-permeable suits will be uncomfortable in warm weather,



they are more effective at protecting against gasses, radio-nuclides and other agents.

Have a place to go! You ***MUST*** have evacuation routes already planned and a safe haven where you will be welcomed to go to. Decontaminate in a safe area. With your MOPP gear still on, jump into an empty 55 gallon drum and spray yourself down with a water hose. Next, use any kind of soap and brush to scrub your suit off with and rinse with the hose. Do not decontaminate your mask yet. Remove your suit from the hood down to the boots, while keeping your unprotected clothing and flesh out of the water collected at the bottom of the barrel. You may climb out of the barrel while you remove your MOPP suit. Next, wipe down your mask with baby wipes and rinse with a wet cloth. Remove your mask then remove the filter from the mask and place the filter in a plastic bag and mark it as contaminated. The water in the 55 gallon drum is also contaminated. Your MOPP suit can be recovered after another scrubbing and rinse. Seal the 55 gallon drum and mark it as contaminated.

When enough time has passed, you may emerge from your shelter and use the soil decontamination measures listed in *The New Nuclear Threat* to remove radio-nuclides from your vicinity. This will not completely eliminate radioactive iodine from your soil and crops due to soil leeching from other areas, but will drastically reduce such nuclides.

After a future event or war, health hazards from radioactive iodine will cause rises in cancers, hypothyroidism and hyperthyroidism. To what extent can we expect radioactive iodine to impact our

abilities to treat it's effects? You can ask yourself this right now.

Hundreds of millions of curies, if not billions of curies, has already been released into the atmosphere during atomic testing and accidental and deliberate releases of nuclear power plant effluent. Radioactive iodine has been disseminated world wide through these methods. While short lived isotopes like iodine-131 has already decayed to safe levels, iodine-129 still remains a hazard and exists in the environment. Practically every American has ingested the isotope in some manner. While cancers have been on the rise since these tests were conducted, there has been no indication that a threat to the human race as a whole exists. This is not very comforting to those who may have contracted cancer or another disease due to ingestion of radioactive iodine. Independent Americans need to be aware of the dangers imposed by radioactive iodine and the defenses that may be employed to maintain one's health and life. Learn of these techniques now and be ready to defend your group and family against the threat.

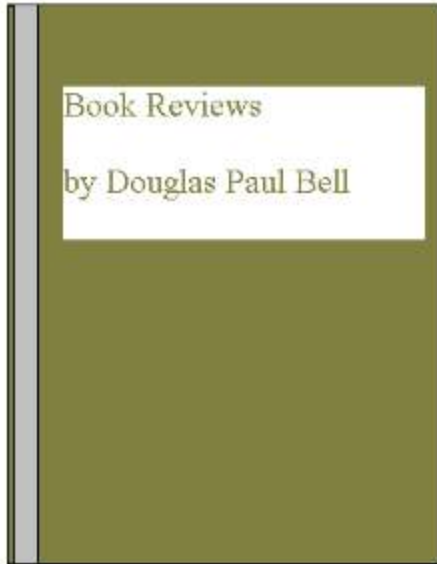


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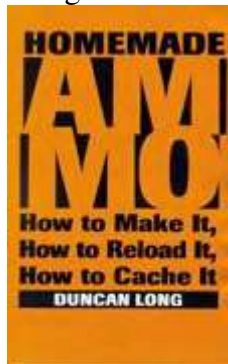
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### **Homemade Ammo**

reviewed by Douglas P. Bell



“Homemade Ammo — how to make it, how to reload it, how to cache it” by Duncan Long (Paladin Press, POB 1307, Boulder, CO 80306, 1995, 92 pages, 5 1/2” x 8 1/2”) is, how to put this, vintage Duncan crap. It does not cover how to “make” ammo in any meaningful way (it doesn’t cover the manufacture of brass at all except to say “the task is next to impossible”), barely is on the legal side of “reloading”, and the caching section is laughable.

While reading this book, the “Duncanisms”, stupid stuff that Duncan either makes up, is the only person to have heard of it, or obviously is having his leg

pulled by those who do know what they are talking about but Duncan has no clue about, is legion. There is also a new batch of cartridges that only Duncan has heard of, just. like in his other books.

Speaking of his other books, Duncan does so endlessly in this one. Barely a page goes by where he doesn’t mention at least one of his other books, which gets tiresome in a hurry. The only possible reason anyone would want to buy this book is as fire starter, as there is no other use for it, at least none that come to mind.

### **Medicine Chest Explosives**

reviewed by Douglas P. Bell

“Medicine Chest EXPLOVISES - an investigator’s guide to chemicals used in homecooked bombs” by Don McLean (Paladin Press, POB 1307, Boulder, CO 80306, 1995, 5 1/5” x 8 1/2”, 83 pages) is just what it claims to be, a list of chemicals and other items that can be used in bomb making.

The book does not tell you how to use the item except in general terms nor does it tell you how to make explosives, but it does provide a list of common items found in every household that can be used to make things go “BOOM”. Because the book does live up to it’s title, it gets the nod.

### **The Tenderfoot’s Turn**

reviewed by Douglas P. Bell

“The Tenderfoot’s Turn” written by W.B. “Bat” Masterson back in 1909 and reprinted by Packbasket Publications (POB 4293, Turnwater, WA 98501, 4 1/2” x 6 1/2”, 24 pages.) was a highly

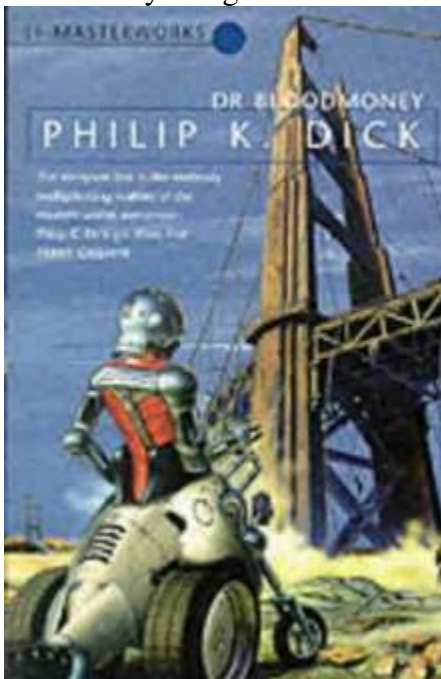
entertaining booklet put out by Savage Arms to promote interest in the Model 1910 Automatic Pistol in .32 ACP and .380 ACP.

The hyperbole in this booklet has to be read to be believed and is the equal of the old Herters mail order catalogs or others of this style. Of course that is why it is so fun to read, and the drawings of the Savage P4-10 saving the day are so wonderfully over wrought as to make the illustrations alone worth the small price of this booklet.

If you are interested in Savage firearms or just enjoy a good silly read with lots of truth about the old west thrown in, normally in the most lurid manner, this is your book. If you just want a good laugh, and want to know what really went on in the old west, get this book. Dollar for dollar, there are few things that can match it.

### **Dr. Bloodmoney**

reviewed by Douglas P. Bell



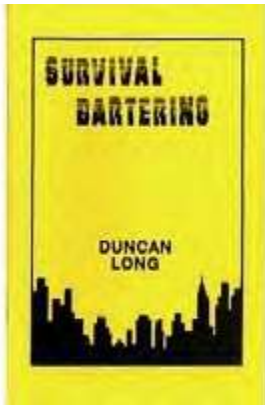
“Dr. Bloodmoney –or How We Got Along After the Bomb” by Philip K. Dick (Gregg Press, 1977, 222 pages) is a book I read because it was on a survivalist Internet/World Wide Web page as a recommended book. Which goes to show, I guess, why the WWW is the most over hyped and under brained thing known to man. In short this book is useless as far as any benefit is concerned. I’ll even go so far as to say it wasn’t even a good read, much less recommend it to any readers of this review.

The “Dr. Bloodmoney” here is Dr. Bluthgeld who worked out a math formula about exploding atomic bombs in space that proved wrong and polluted the world. Then there was an atomic war, or rather an exchange of bombs and the world promptly went to hell in a hand basket, as it were. The country fell apart and each little town or county became it’s own city-state under a much more benign federal government which was mostly what was left of the military.

The book is not recommended from here except to die hard Philip K. Dick fans and even they might not get all the way through it.. If you want to read some Phil Dick, and he wrote some really good material, then by all means see what you can find, but don’t expect to read this book and get anything out of it. A total waste of time for survivalists and everyone else as well.

## Survival Bartering

reviewed by Douglas P. Bell



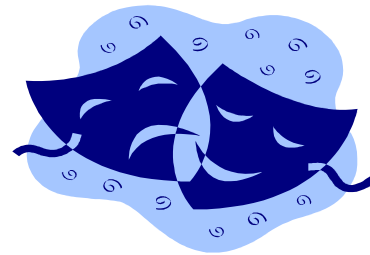
“Survival Bartering” by Duncan Long (Loompanics Unlimited, 1986. 56 pages, 5 1/2” x 8 1/2”) is the quintessential Duncan Long book, in short it’s trash. Duncan, I’ve noticed in his books, takes three ideas, the one he’s writing about, one sort of, kind of, the case can be made for, and one so totally tenuous that it’s inclusion is totally unnecessary and extraneous that it’s only by the most round about and contorted of reasoning, manner and means can it be included at all, and spins each out from one to several pages, which is usually two thirds of a page to several pages more than it should have been. Then he rewrites and repeats the three ideas constantly to lengthen the book past the three paragraphs that it would actually take if the idea or subject were to be covered simply and succulently.

To say there is little in this book that the average person would learn is an understatement. If you read this book and actually feel you have learned something, say other than you have just wasted your time reading it I mean, then there is a serious lapse in your education that you should work on and can not be cured by simple “book learning”. I would

recommend that you crawl out from under your rock or where ever you have been hiding and interact with other people for a few days, which should give you as much information as this book did, and probably more. For the rest of you who can count to five with out using both hands, this book would be a waste of time unless you traded for it because you needed something to start a fire with.



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## There is no militia

By Hari Heath

Our American Union was in large part made possible by a militia. Farmers and frontiersmen who had a taste of freedom in the colonies were willing to give their all to create a nation founded on freedom. These citizen soldiers who formed the American Militia fired "the shot heard 'round the world" and began the departure from the rule of kings.

But where is the militia today? Does a second shot heard 'round the world need to be fired, to begin our departure from the rule of our former public servants turned masters? And who is there to fire that shot?

Certain precipitous events of the 1990's spawned a "militia movement." The assassination of a young man, his mother and the Weaver's family dog by federal

agents, at what is now known as Ruby Ridge, Idaho, began an outrage in the collective American conscience. Two years later, the shooting and burning of over 80 men, women and children in a church property in Waco Texas, for no apparent useful purpose or justifiable reason, further cemented the resolve of an American movement to resist the unconscionable acts of a treasonous government.

These two events were highly popularized in the media and have become a rallying point for the troops against tyranny. There are hundreds, if not thousands of similar incidents, under-reported and routinely occurring in America, as the new American Gestapo conducts their day to day business. From these events, the modern day "militia movement" was born.

The prostituted press has attempted to demonize this militia movement by linking the honorable aspirations of our ancestors, and their quest for liberty, with certain other debacles in human history.

The "tax protesters," "constitutionalists" and "militia members" who love liberty and the high principles of our national foundation, are associated by this proctodial feeding press with "white supremacists," "Aryans" and "neo-nazi's," who promote the antithesis of our American principles and a hatred of other races. The modern day Militia who seeks to ensure our system of ordered liberty under a constitutionally formed republic is often labeled as "anti-government" or "terrorist."

Do "tax protesters" march in white hooded gowns and burn crosses on other people's lawns? More likely, they dump



tea in the harbor, or, more recently, spend half their life in a law library so they can attempt to cause the IRS to explain “who must file” to the judge which is about to steal everything they spent their life acquiring.

Randy Weaver was given a new name by the press after the stand-off at his former home. Depending on the reporter, he became known as either “white separatist, Randy Weaver” or “Randy Weaver, a white separatist.” I don't know if he is a white separatist or not. I haven't asked him. I doubt if any of the pablum press reporters did either. They were probably fed this label by a federal agent in charge of misinformation.

Similarly, “constitutionalist” has been derogatively portrayed in the pages of pablum passing as news. Is it wrong to advocate and support the document which created and defines our Republic? Don't all elected officials, the judiciary and the military, give an oath to at least support the Constitution before they obtain the power and duties of their office? Wouldn't that make them constitutionalists? Somehow, those of us who have been labeled “constitutionalists” because we advocate that public officials adhere to the document upon which they swear an oath to support and defend, are also labeled with that ever popular phrase, “anti-government” by the pablum news publishers. Go figure.

### **Who is the Militia?**

Under constitutional and statutory definitions, the American Militia is every able-bodied male citizen between the ages of 17 and 45. Some states have exceptions for conscientious objectors. Many of us

have been in the Militia for years and didn't even know it. Even though many state legislatures have a constitutional duty to “enroll, equip and discipline the Militia,” such duties are wholly neglected. Some will argue that the National Guard has replaced the Militia. This is fine for relief missions from natural disasters, but will the National Guard defend Americans from federal tyranny? Will those Guardsmen just say no when ordered to give aid and comfort to those who enter our states to destroy our lives, liberties and property?

Recent history provides the answer. Idaho National Guardsmen and their armored personnel carriers joined the federal siege at Ruby Ridge against Randy Weaver. Mr. Weaver was at that time accused of making and delivering a sawed-off shotgun to a federal informant and wanted for failure to appear at a court hearing for which he was not properly given notice. The firearms charge Mr. Weaver was accused of was based on a 1934 federal law “requiring” the licensing of machine guns, silencers and sawed-off shotguns. The Congress in 1934 apparently failed to notice that the Constitution did not give them the power to license weapons and could not read the phrase enshrined in the Bill of Rights, “...the right to keep and bear arms shall not be infringed.” Would a citizen Militia have given the same aid and comfort, as the Idaho National Guard did, to the enemies of Mr. Weaver's liberty and the assassins of his family members?

### **Where is the Militia?**

If militia members are people who take an oath to protect and defend the Constitution from all enemies foreign and domestic where are these militia members? Is not

our Constitution under daily attack from enemies foreign and domestic? From the president on down to the local building inspector, are we not under attack?

Has the president sold our intercontinental missile technology to our Chinese communist enemies for campaign contributions giving our "most favored nation" the ability to destroy us with the nuclear secrets stolen from our not-so-secret Los Alamos Laboratory?

Are our military forces commandeered by the UN to fight skirmishes in support of the goals of international vested interests? Does the credibility of our nation suffer when we enter other people's nations, kill them and destroy their property for no clear, discernible purpose? Is there any constitutional reason for our military to fight under a foreign banner in a foreign land?

Does the federal Congress pass volumes of laws, on any subject, without regard to rulings of the Supreme Court, when the Constitution provides only 18 clauses enumerating the powers of Congress? Do many of these laws create a state of war against the American people?

When the Constitution authorizes a balanced system of government resting on the division of power among three separate branches, each with specific duties, how can governmental "agencies" assume the powers of all three branches and impose their "regulations" on the inhabitants of our nation? Do these unelected, barely accountable agencies command and control nearly every aspect of our private lives? Does not the Declaration of Independence give, as one of the reasons for rebelling against the

King -- "he has erected a multitude of new offices, and sent hither swarms of officers, to harass our people, and eat out their substance" -- an equally accurate definition of modern agencies? If these agencies pose as a component of government, yet have no constitutional authority for their operation, and violate fundamental principles of our public trust, is not their very existence an act of treason?

Congress has been granted the power to "coin" money, not print money. An economy of substance is the constitutional command. No power was granted to authorize a private central bank. Has constitutional money been banned for so long that most Americans wouldn't even know it as money? Even those Americans now at retirement age have never seen the real thing in circulation. Do we flounder about in an economic sea of paper and ink, at the beck and call of the Federal Reserve Board Governors?

How many Americans have been dragged into what appears to be a courtroom, and attempted to follow the "Rules," apply the law of the land and rely on higher court decisions, only to have "justice" smack them in the face, lock them up and steal their property? Are our modern day courts nothing more than rubber stamp threshing machines designed to pirate away the lives, liberties and property of the American people?

Public Land used to mean property held for the benefit of the public. Is our land now held for the private interests of the operators of government? Why do we pay to visit our National Parks? How can government lock out the public from its own lands? For whom does government

control our vast public holdings and for what purpose?

If they are called public highways, then why is the public prohibited from using them until they contract with an “agency” and submit to terms and conditions that constitutional government is not allowed to impose? If we have a constitutional right to travel freely on the public roadway, are the “police” agents controlling and prohibiting our freedom to travel enemies of the Constitution?

Can you build your own home, on your own property, without some administrative agent telling you how, where and with what, while he threatens jail to extract the fee for his “services?”  
There is no Militia!

By the evidence around us there is no Militia. Thousands, if not millions have joined the militia movement in the last decade. Presumably they have taken an oath to support and defend the Constitution from all enemies. However, we stand surrounded and in submission to an administrative tyranny. Where is the evidence of any Militia doing its job to secure our free state?

No one has applied the Second Amendment solution to remedy the problem of the unconstitutional regimes posing as government, even though there are allegedly millions of militia members. No government officials who have given oath to support the Constitution, have paid the final price for their conduct when they breached that oath with treasonous acts.

Many Americans have attempted civil remedies for treasonous and unconstitutional conduct, but almost all

attempts have failed. Petitions, lawsuits, letters and calls for a remedy have been ignored. The impostors and infiltrators who have commandeered our Republic will not willingly let go of their scheme to subjugate us all, and profit from our submission. Historically, tyrants yield only when faced with their own destruction.

### **Waiting for “That Day”?**

Many in the “militia movement” seem to think there will be a particular moment when the tyrannical regimes of the “New World Order” will finally unleash all those foreign troops hidden in secret bases within our borders and bring on the globalists coup. How many militia members are preparing for “that day.” That day when the New World Order gang attempts their final take over, and the great war begins to determine if the last remnants of our American nation will fade into the soon to be re-written history books.

There isn't gonna be a “that day.” The tyranny upon us has been building, one brick at a time. “They” have no plans for “that day.” Things are progressing just fine for the people at Treason Incorporated. What matters to them is the slow erosion of our constitutional republic and its equally slow replacement with their administrative regime. Any militia waiting for “that day” will find themselves surrounded by a brick wall of tyranny out of which they will no longer be able to shoot.

If there is a Militia, it must begin demanding the removal of each and every “brick” that is an enemy of our constitutional Republic. That demand



must be in the form that a tyrant will listen to. American ingenuity can no doubt provide many avenues to deliver the mandates of our liberty. Each of us has our own "brick" to take issue with. The mortar is setting up and the wall is nearly complete. Is there a Militia? Are you the Militia? Where are you?



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# Gunsmithing Tool Box

written by Douglas P. Bell

The following gunsmithing tool box, while not complete will provide an excellent starting point and includes everything you should need to do 95% of the normal gunsmithing chores that you will run across. While it has been said a gunsmith can't have too many screwdrivers, files or books on guns and gun repair, this is only a list of the most used and useful tools to get you started.

All items included in the basic list can be bought from Brownells Inc. (Route 2, Box 1, Montezuma, Iowa 50171) or in most cases, the local discount/hardware store. The reason Brownells was chosen is because they provide most of the gunsmithing tools nation (and world) wide, as well as a basic price list to work from.



You will find everything you need in the Brownell's Inc. catalog.

Some prices may be cheaper locally for comparable items, but Brownells offers top quality and "one stop" shopping for the items listed. Brownells also stands behind the products they sell, and is a excellent place to buy from.

First, you need to take the gun apart, and for most guns that means screws, so we

will start off by talking about screwdrivers first. Screwdrivers are the heart of gunsmithing, and a workers work is judged by the screws on the gun after the gun is done. The most versatile screwdrivers are the Brownells Magna—Tip screwdrivers. They come in three main sizes, the basic 19 bit size, the 39 bit size and the 52 bit size. The screwdriver handle is magnetic, but if you don't want a magnetic set for some reason, and some don't, you can buy a clip—tip or even collet—tip handle. The basic 19 tip set is alright if you really can't afford more, as the 52 bit set is about twice as much, but you can do so much more that it is much better to buy the larger set right off. The replacement tips are cheap enough that you can buy several sets of the most commonly used sizes so that if you break one you can just replace it and finish what you were doing rather than needing to stop and regrind the tip.



Screwdrivers are the heart of gunsmithing.

The next set of screwdrivers you will need are a set of jewelers or precision screwdrivers. In fact these are so handy you may want to invest in a second set after you get started. Just be sure you buy a good set of jewelers screwdrivers, the cheap sets are OK for around the house use, but for day in and day out gun use, you will need the best tools you can buy.

A set of long bladed screwdrivers are next. You can get these from a hardware

or auto supply store. Get a couple of different sizes and lengths, just remember to get the blades from 8" to 12" (not including the handle), as you need to have a long enough reach to get to the bottom of the stock screw hole to remove the stock screw from most two piece stocks. You may also need to regrind the blade tips down to fit different guns as well. Be careful not to get the blades caught between the stock and the screw head as you could crack the side of the stock if pressure is applied.

As hex headed screws are getting to be more common, you will also need a set of hex wrenches. Get a "nine in one" or a set with the smallest blades you can find. You should not need any over 1/4" in size. Also as the ends are often sheared off and left rounded, it's sometimes useful to touch up the tips on a grinder so they are square.

If it's not screws holding the gun together, it's pins. A set of punches in the 4" or 6" size should be everything you will need to work with. Always start a pin with a starting punch or you will break the punches in no time at all. Brownells also sells a replacement pin punch set. The pins all use the same handle while the pin is replaceable, so that if you do break one you can change the pin, rather than the whole punch. This sounds good on paper, but doesn't work all that great in real life. No one I've talked to that has used them likes them as well as the regular one piece punches. The word from here is to replace all the roll pins on your guns that are under stress with solid pins as well. Roll pins tend to shear under pressure. If you don't, you will need a set of special roll pin punches to avoid damage to your guns.



Roll pin punches will save you a lot of headaches if you don't want to replace your roll pins.

A roll of masking tape makes an excellent, as well as inexpensive bench block with no worry of damage to the finish of the gun, or bending of the pin.

You will also need drift punches. These are used to move the sights on dovetailed barrels. Do not buy them, simply make them out of brass or aluminum rod from the scrap pile. Because brass and aluminum is softer than steel, they will not ding up the gun or mar the blueing. Get several sizes and lengths as you will need to grind or file the tips to get the shapes you will need.

Files seem to be in constant use all over the shop when working on guns, whether fitting parts, smoothing out a nick or polishing, files are used everywhere. Files are one tool that you just can't have enough of, or enough different kinds and lengths of. The three files that seem to get the most use are the magicut, the #4 Swiss and the mill smooth. Of course these are not the only files you should own, but they are the ones that always seem to end up being used.



Files and accessories are very important tools in your gunsmith tool box.

The next set of files you will need are

jewels or needle files. Get the best you can afford, and don't try saving a few dollars by buying a cheap set, you will just end up buying a decent set anyway, so you might as well get it now. For wood working get a 4 in 1 rasp, which will handle most of the general wood working chores to start with. After you get into it you will have a better idea of what types of wood rasps you will need and can buy them then.

You will need a file card to clean your files, and the kind you should get is the kind with a wire brush on one side and a bristle brush on the other. Also try rubbing chalk into the file teeth before starting to file, it will help keep the fillings from sticking to the file when you clean the file, making it much easier to do.

Next you will need some way to hold the part you are working on when heating, grinding, and so forth. Go to the hardware store and buy a set of large "Vice-Grip" (or other locking pliers of this type) and two sets of small (5") ones, as well as a set of needle nosed 5" ones. The 5" models are so handy and useful for so much that you will wonder how you ever got along without them. The large locking pliers are excellent for holding items while heating or forming, and the five inch models make fine pin vices or mainspring vices. For "no mar" use, wrap the jaws with masking tape.

When it comes to measuring, it all depends on what you are measuring and what tolerances you need to measure to. If you are measuring the length of a gun you don't need to know what it is down to the .001". but on a screw you do. If you are measuring to the .001" you can use a set of calipers, but if you need to know what it is to the .0001". you will need a set of

micrometers.



When measuring very small tolerances, micrometers like this slot micrometer are necessary.

Both the quickest and easiest to use are the calipers, and the quickest and easiest to use calipers are dial calipers. While a set of dial calipers are roughly twice what a good set of vernier calipers cost, the ease of use and speed of use more than make up for it. Calipers are normally only six inches long, but there are bigger ones, at bigger prices of course.

If you need to measure under an inch and need the most accurate measurement, than you need a 1" micrometer. You can buy a set of direct read micrometers, but some only read to the .001", so a set of ordinary mics are fine, not to mention much less expensive to buy and quite easy to use.

A cheap tape measure from the local discount store will work fine for most of the measuring you should need to do past 6" for the most part. While they can be had in almost any length, a six foot to ten foot model is both long enough and small enough to do most things you will need to do with out taking up too much room in the tool box or duffle bag. This is not to say that a longer one doesn't come in handy every so often, just that you may not need one that is longer for most gun work.

The next measuring tool you will need is a



screw or thread pitch gauge to measure the number of threads per inch on screws or threaded parts. Get the largest set you can find, such as the one with 51 leaves made by Mitutoyo (sold by Brownells) which should be about perfect for this.



A screw checker gauge allows for accurate measurement of threads and bolt.

The next item on the list is the Brownells tap and die set. I know what you are thinking, that you already have a tap and die set. That may be, but the sizes and threads found on most guns screws are not found anywhere else, and if you try to buy them from the local hardware store, they will tell you that either there is no such size or they can't get them and you will have to try someone else as they don't know where you could get them.

A hack saw with a full hand guard that covers the bottom of the hand is next on the list. If you hit your hand as often as I do you know why a bottom guard is listed! If not, a regular hack saw may be all you need. Get a hack saw that adjusts to various length blades so you can use any length blade you happen to have, instead of a special length blade that everyone will be out of when you need it. Get an assortment of blades with various teeth sizes (number of teeth per inch) as some are used to cut various materials or sized materials.

As you will need to drive pins, hit punches and so forth, you will need hammers of varying sizes and materials. No—mar hammers with interchangeable heads are a must have item to use around the shop. The 1" nylon/brass hammer from Brownells is excellent. When you break the nylon head (you will), just turn out an aluminum hammer head on a lathe. In fact turn out a few extra and a spare brass head or two as well. Wait until you know what it is you want before you buy any other hammers however, as you may not need what everyone else wants or tells you need.

The next few items you will need are not tool box items, but they are items that will make it much easier to use the tools you do have. Also as this is a emergency, survival or minimum tool set, you may be using it in areas where you may not have an outside power supply, such as at a hunting camp or on a camping trip, so there are no power tools included at this time.

First, a good heavy duty bench vise and manual grinder are two of the most useful items you could have. For the vise you can make yourself a set of padded jaw covers from brass, copper or lead. The most useful are a set cut from a piece of ply wood cut to fit over the jaws. File or chisel a groove in the jaws to hold a gun barrel in place, wrap the ply wood with masking tape to hold down the splinters and you should be ready to go. One last thing about the vises, you should either buy a set of smooth faced jaw faces or have the jaw faces ground smooth so if you need to clamp something in the jaws it does not mar it.

As far as tools go this should get you started out properly, but now you need the knowledge to put the tools to good use. The best books on the market, at least for what we want are the “Encyclopedia of Modern Firearms” written by Bob Brownell in 1959. It covers everything made in the US at that time and included the screw and pin sizes used in the guns as well. The “Gun Digest Book of Exploded Firearms Drawing” are good and all the editions are about the same so far, so it doesn’t matter which you get, an old one or the latest. “Gun Digest Book of Firearms Assembly/Disassembly”, parts One through Six are also excellent. Each book covers a different type of gun, Part 1 covers Automatic Pistols, Part II revolvers, etc. Get the revised editions here, they are much enlarged over the first editions. The “NRA Guide to Firearms Assembly” which covers quite a few old, odd guns not found else where is good too. This book is available as a two book set, shoulder arms and handguns or as a “two in one” volume.

Other books you should get are the “Modern Gunsmith” two in one volume by James Howe, “Gunsmithing” by Roy Dunlap, “Professional Gunsmithing” by Walter Howe, “Pistolsmithing” by George C. Nonte Jr., and the “Gunsmith’s Manual” by Steele and Harrison, first printed in 1882. These books are sold by Brownells, or you could order them from your local book store.



President

Peroutka

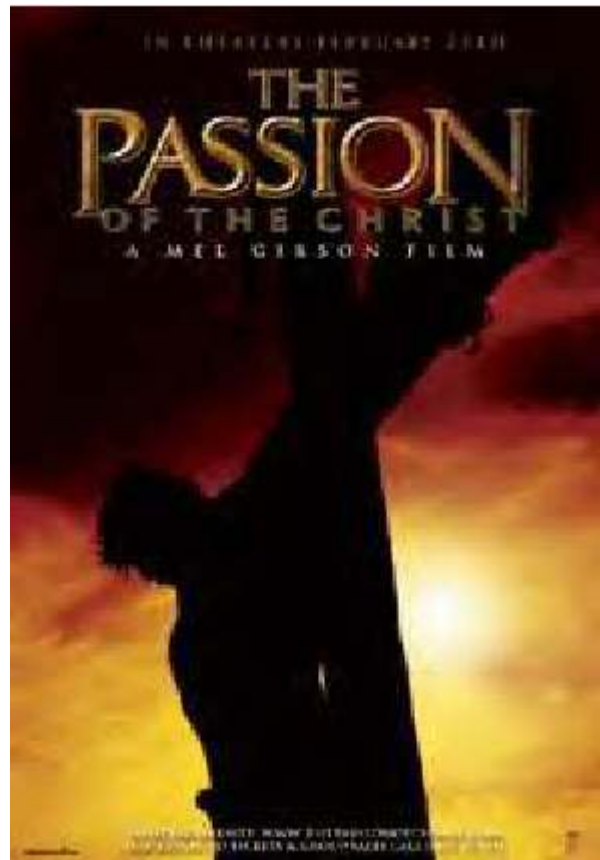
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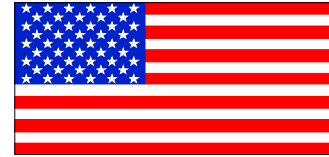
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## *Election Special Report*

### **If My Vote Were The Deciding Factor**

By MaryAnn Crum

As citizens it is our duty to vote for the candidate who will uphold his oath of office, and that means voting for someone who will support and defend the Constitution.

As Christians we are called to obedience and righteousness. We are not called to vote for the candidate with the "best chance of winning", is the "lesser of the two evils" or out of "fear" of a Democrat getting elected! It is our duty to vote for a righteous candidate, the results are God's, and God's alone!

Should my vote be the deciding factor between G. W. Bush and the Democrat candidate for president, I would vote for the Constitution Party presidential candidate Michael Peroutka, even though it would mean the Democrat candidate would be the President.

By voting for Mr. Peroutka, I would be casting a righteous vote for a man for whom my conscience would be at ease should he, by God's grace or intervention,

be elected to the presidency of this country! I could not in good conscience vote for either of the other two candidates. Aside from all the other actions they did or would do that were unconstitutional and morally wrong, neither are pro-life. The blood of every baby murdered in its mother's womb would not only be on their hands as the President, but mine also because I condoned, aided and abetted their deeds by "voting" for them!

You see the President does have the power to end abortion. The question is: does he fear God rather than man?

By voting for Mr. Peroutka, I would not have to answer to my God for the deeds of the elected candidate of the other two, of which neither would end abortion in this land. If Michael Peroutka would be elected and he did not end abortion as he promised to do, I still would not be held accountable for the blood of those babies, but he would, if he did not carry out his campaign promise. He also would be held accountable for not carrying out his oath of office to God to preserve, protect and defend the Constitution. The Constitution protects life. The old saying 'a man is only as good as his word' is as true today as it was in days gone by.

And should the winds of change shift for

the 2004 election and it would be a Bush and Hillary decision, I would still vote for the 2004 Constitution Party presidential candidate, Michael Peroutka, even if it meant Hillary Rodham Clinton would be the President.

You see, my friend, Principle says that I will not be held responsible for the actions of Hillary if I did not condone, aid and abet her deeds by voting for her! Likewise, by withholding my vote from Mr. Bush, neither would I be condoning, aiding and abetting his deeds with my vote, therefore, I would not be responsible for his actions.

If we were all voting our conscience: beliefs, principles and morals, leaving the results to God instead of fearing man, we would be seeing different outcomes in elections! Our vote is the currency of our virtue; it reflects the characteristics that are truly within us, as well as our trust in God -or lack, thereof. God deals with that 'reflection' in His setting up and bringing down of leaders! And you and I have no way of knowing what God is revealing to the hearts and minds of millions of other people and how their hearts will respond in their vote!

I have learned that it doesn't matter which of the major two-party system candidates gets elected, I will have battles to fight in the hope of retaining my rights and liberties or keeping our Constitution and sovereignty.

George Wallace was absolutely right when he said that there wasn't a dime's worth of difference in the Democrats and the Republicans. That is just as true today! No matter the party affiliation, neither any longer is the 'party of your father's'; without question both parties, highly leavened with socialism, have moved to the Left. Stop and think of it! These are the only two parties that have ruled in this nation for the last 150 years and look where we are today! The only difference in their mind-set and policy-making is the rhetoric and how fast these moves should be

done! The end result is our country will soon be completely socialist with little chance of return!

Everyone knew what they were getting in Mr. Clinton, but Mr. Bush has deceived conservatives and Christians -well ...most of them.

You may vote for President Bush, if you choose, using all those reasons out there in your "fear" of a Democrat getting elected, but I won't. I will vote my conscience and cast my vote for the Constitution Party's presidential candidate, Michael Peroutka and leave the results to God.

### **The Problem Hosea 4:6 The Solution II Chronicles 7:14**

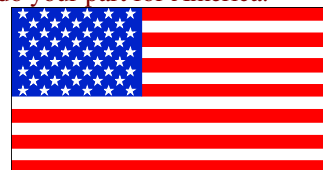
For those of you who would like to know more about The Constitution Party, MaryAnn Crum has provided the following contact points.

[www.constitutionparty.com](http://www.constitutionparty.com)  
[www.alconstitutionparty.org](http://www.alconstitutionparty.org)  
[chairman@alconstitutionparty.org](mailto:chairman@alconstitutionparty.org)  
[www.peroutka2004.com](http://www.peroutka2004.com)

For those without internet access: P.O. Box 1832, Cullman, AL 35056

MaryAnn Crum, beside being a talented writer with the gift of expressing her ideas, is also a tireless volunteer in The Constitution Party's struggle to restore our Republic. Her work should shame many dead-beat Americans into rethinking the positions spoon-fed them by the controlled media.

Just when one might begin to think America is beyond hope, one finds that God is still shedding His blessings on this country through special people like MaryAnn. Please visit the above web sites and do your part for America.





The following article is offered for information purposes ONLY. The making of any primary initiator or explosive is a dangerous undertaking. DO NOT attempt to make or use any of the compounds detailed within the following text without formal training. Injury or loss of life is possible should accidents occur. The Independent American, it's staff and/or writers are NOT responsible for the actions taken by others.

## Expedient Primers And Chemical Compounds

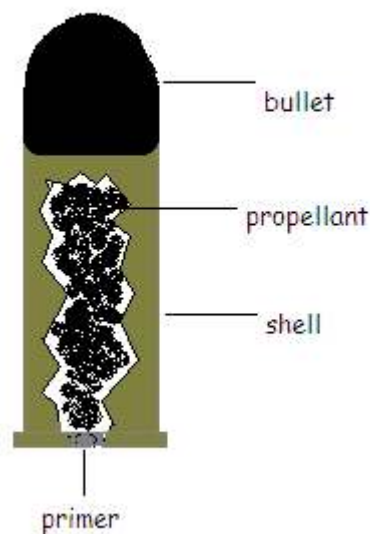
by Corceigh Green

This is the latest in the series of articles aimed at giving Independent Americans choices should anti-American elements find the courage to outright ban, restrict or excessively tax ammunition. Past articles have dealt with expedient propellants in the form of black powder and red or white propellant. We have also covered means to work with potassium, an important element in the manufacture of many propellants. In the form of a chlorate, potassium (chlorate) is key in an initiator and primer compound. The manufacture of potassium chlorate can be read in *The Independent American* July/August 2003 issue. The subject of this article will be manufacturing primer compounds and creating expedient primers.

Modern firearms cartridges use a variety of components to perform their function. First is the case. The case should be made of brass, though aluminum and mild steel are also used. Brass is a more malleable metal and allows the case to be reloaded numerous times. The case holds the propellant and is sealed at it's mouth by

the bullet.

diagram of a cartridge



The bullet is the projectile. It seals the mouth of the case, keeping the propellant inside and dry. When the propellant is ignited by the primer, the pressure from the rapidly expanding gasses produced from the ignition propels the bullet down the firearm's barrel.

The primer seals the end of the case, keeping the propellant secure and dry from the end. Beside sealing the end of the case, the primer also contains a chemical compound that explodes when violently struck by the firearm's firing pin. When this compound explodes, the gasses, shock wave and flame travel through the flash hole and into the case to ignite the relatively stable propellant. The correct primer compound is absolutely necessary to ignite the propellant.

Primer compounds need an initiator (a chemical that explodes on impact), a secondary (a high explosive, but one that is more stable and will not explode on

impact, but is set off by the initiator) and a catalyst and/or oxidizer. The initiator explodes on impact of the firing pin upon the primer. This shock causes the initiator to explode. The explosion of the initiator sets a shock wave into the secondary, causing the secondary to explode with stronger force. The initiator also causes the catalyst to produce oxygen and ignite, or the oxidizer will release oxygen and ignite.

There have been several formulae to produce this effect since the invention of the self contained cartridge. Fortunately, we will not have to invent any new process or compounds. Unfortunately, the formulae that do exist **can be very dangerous to produce and use** without training. As stated, the initiator is a chemical that explodes on impact. Initiators are **very** sensitive to static discharge, shock and impact. Do not make large quantities of these chemicals and do not store large quantities together. ***Always, and I mean ALWAYS! use safety measures and common sense when handling any dangerous substance.*** Better yet, buy plenty of primers now and don't handle these substances at all!

Of course, we all know it just isn't that simple. After all, I wouldn't be writing this article if Americans weren't threatened with being denied their Rights to obtain ammunition and it's components. Realizing the threat that exists, it is prudent for Independent Americans to know about the manufacture of ammunition and components.

It is wide spread knowledge that the most simple expedient primer can be made by cutting the tips from strike anywhere matches, lightly grinding the material and

placing it in a spent primer for reuse. This method is covered in the army training manual, TM 31-210. In practical use, however, many misfires occur. This is due to differing conditions. You may have touched the primer leaving skin oils on the inside where the priming compound is located. Oils from your skin readily renders priming compounds and propellants inert.

You may also have left dirt or dust in with the priming compound, Enough contamination of this sort will degrade the priming compound's efficacy. When handling primers and priming compound always maintain a clean area and use tweezers to handle the primers.

Following is TM 31-210's recommendation for reusing a primer.

#### REUSABLE PRIMER

A method of making a previously fired primer reusable.

#### Material Required:

Used cartridge case

2 long nails having approximately the same diameter of the inside of the primer pocket

Strike anywhere matches - 2 or 3 are needed for each primer

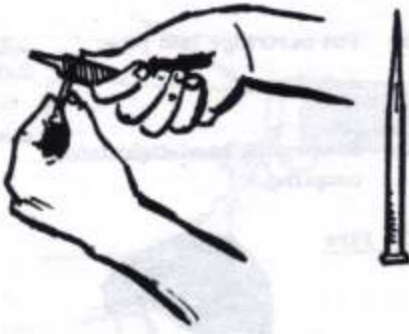
Vise

Hammer

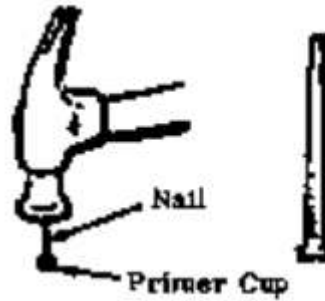
Knife or other sharp edged instrument

#### Procedure:

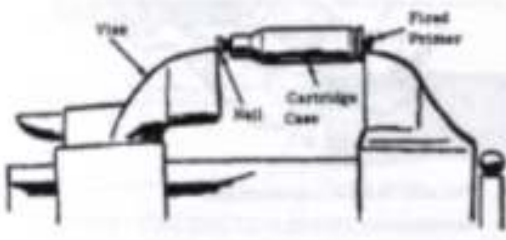
1.) File one nail to a needle point so that it is small enough to fit through hole in primer pocket.



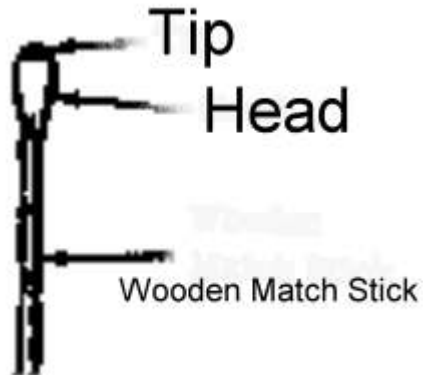
5.) Remove indentations from face of primer cup with hammer and flattened nail.



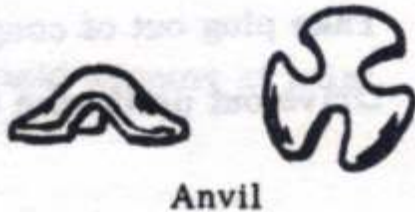
2.) Place cartridge case and nail between jaws of vise. Force out fired primer with nail as shown.



6.) Cut off the tips of heads of strike anywhere matches using knife. Carefully crush the match tips on dry surface with wooden match stick until the mixture is the consistency of sugar.



3.) Remove anvil from primer cup.



Caution: Do not crush more than 3 match heads at one time or the mixture may explode.

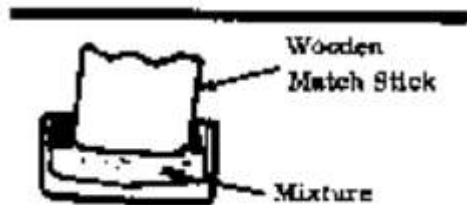
4.) File down point of second nail until tip is flat.

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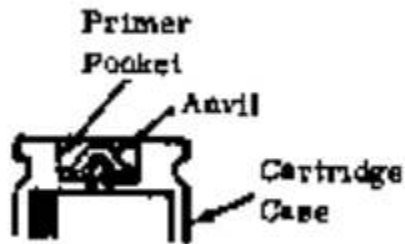
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7.) Pour mixture into primer cup. Compress mixture with wooden match stick until primer cup is fully packed.

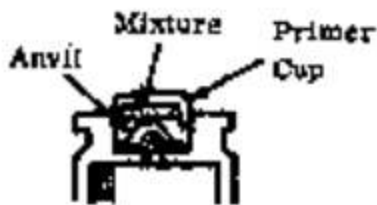


8.) Place anvil in primer pocket with legs

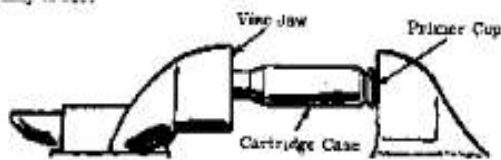
down.



9.) Place cup in pocket with mixture facing downward.



10.) Place cartridge case and primer cup between vise jaws, and press slowly until primer is seated into bottom of pocket. The primer is now ready to use.



As mentioned, this method produces many misfires. Beside the concerns mentioned above, moisture and humidity are also problems when using this method. Strike anywhere match heads are hygroscopic (they soak up water). In humid conditions, they will soak water right out of the air. You must make an effort to produce reusable primers in a controlled environment. A wood burning stove will produce a lot of dry heat and keep the flames contained. If temperatures allow, have a wood burning stove going in another room to reduce humidity.

It may also be beneficial to dry the primers before placing them back into the case. Do this by placing your primers on a cookie sheet, spreading them out, and placing them under a light bulb with a fan lightly blowing a current of air several inches above the primers. Remember, the priming compound will be heat sensitive.

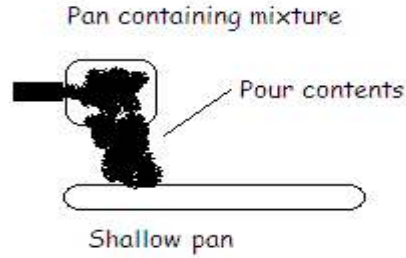
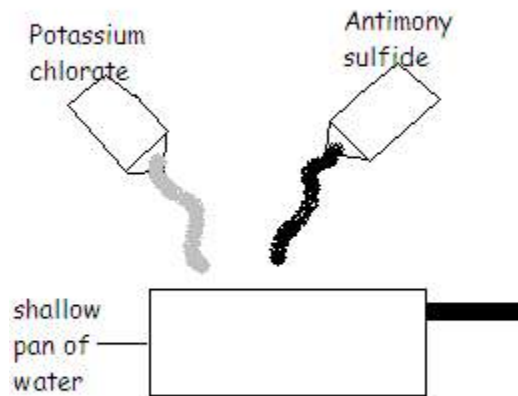
The use of the vise and nail method of removing and replacing a primer is for expedient purposes only. Independent Americans should maintain reloading equipment and presses capable of handling the job much better.

Strike anywhere matches utilize phosphorous sulfide and potassium chlorate as well as a few other oxidizers to convert friction to flame. If you are getting too many misfires, you will need to try other compounds.

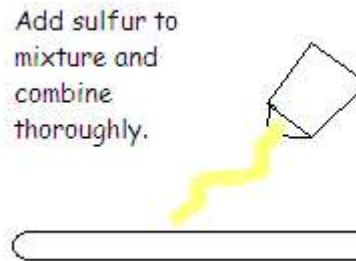
The earliest priming compounds used fulminated mercury as an ingredient which reacted with the brass cartridge cases causing cases to weaken and crack, rendering them useless for reloading. Though I do not recommend their use because of the case weakening problem, children's toy gun caps that are bought in rolls contain priming compounds based on fulminated mercury. Simply and carefully tear the cap and pour the contents into the primer cup. **VERY GENTLY** compress the compound with a wood match stick into the primer. This compound is quite sensitive to shock and pressure, so be **GENTLE** when replacing the primer cup to the anvil! Fulminated mercury is the most shock sensitive of the priming compounds and this type of expedient primer will give you a sure fire if you've properly handled the primer and kept the compound dry.

After it was noticed that priming compounds based on fulminated mercury were leaving cracked cases, a search for new priming compounds began. By world war 1, priming compound was composed of 21.97% Sulfur, 47.20% Potassium Chlorate and 30.83% Antimony Sulfide. This compound works very well with no misfires when the primer is handled properly. Do not over compress the compound into the primers. Potassium chlorate is very sensitive and may detonate under compression.

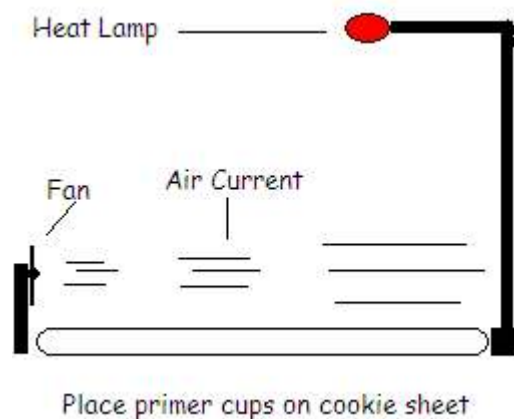
The primers will have to be dried well. Any moisture present in this formula will combine with sulfur to form sulfuric acid which will render the primer inert. Remember, also, this mixture is very shock sensitive. You may consider mixing the potassium chlorate and antimony sulfide in a shallow pan of water, combining these two chemicals therein, until the mixture reaches the consistency of oatmeal. Then pour the mixture into a clean shallow pan.



Place the pan on a hot plate and evaporate the water while stirring until the compound becomes moist to the touch, but not sticky. [Use very light heat.] Remove from heat. Use a wooden dowel to gently grind the mixture to the consistency of sugar. Add the sulfur to the mixture and mix in, combining thoroughly with a wooden spoon.



While still partly moist, use tweezers to gently fill the primer cup and gently compress with a wooden match stick. Place the primer cups on a cookie tray under a light bulb or infra red lamp. **Keep the lamp at least 2 feet above the primers.** Use a small fan to keep a current of air flowing several inches above the primers. The sooner the primers are dried and loaded into cases, the less chance that sulfuric acid will be produced within them.





If you are having misfires with this formula it is because moisture content has allowed sulfuric acid to build up and render the compound inert. As long as you don't try to re-manufacture too many primers at a time this shouldn't be a problem. Also, be certain that the sulfur has been thoroughly combined within the mixture evenly, throughout.

During WW I, the demand for ammo caused a rush in production of primers and drying facilities were overloaded causing a good many misfires in finished products. To help prevent this, another formula was adopted. This formula used 53% Potassium Chlorate, 17% Antimony Sulfide, 25% Lead Sulfo-cyanide and 5% Tri-nitro-toluol (T.N.T.). I would rather recommend the previous formula over the latter. If primers are difficult to come by, I can't imagine T.N.T. to be easier to obtain and the lead sulfo-cyanide poses serious health risks.

Antimony sulfide may be hard to find for most. If you are unable to obtain antimony sulfide, you may substitute it with lampblack in the following formula; Potassium Chlorate 6 parts, Lampblack 4 parts, Sulfur 1 part.

Lampblack is an extremely finely ground and separated carbon. To produce it, buy a wood burning stove that will be devoted exclusively to burning dogwood or willow. You can do this outside if you wish, but you will need some stove pipes connected to your stove. The more right angle bends your pipes make the better. You will burn your dogwood or willow in the stove with the air intake fixture set to it's lowest setting. After some weeks creosote will have built up in your pipes.

Clean the creosote out, discarding any gray ash and keeping the black creosote in a clean glass container.

At your convenience, place very small portions of the creosote in a mortar and grind the creosote with a pestle, keeping it absolutely dry, until the creosote resembles ink. When you've gotten this far, dip the eraser end of a pencil lightly into a portion of the inky creosote. Lightly streak the eraser across some light colored cloth or paper. If the creosote leaves a long inky streak, the substance is now lampblack.

The potassium chlorate, sulfur and lampblack formula will probably be the easiest primer compound to produce other than straight strike anywhere match head primers. The lampblack formula, however, will be more reliable should you be careful to keep the formula dry and to handle the primer properly.

Borrowing from a friend's M-80 firecracker recipe, a compound of 1 part potassium chlorate and 1 part 600 mesh aluminum dust will make a dandy primer. For safety reasons, you will want to combine this compound in water as well. Merely combine the potassium chlorate and aluminum dust in water, then pour the water into a shallow pan. evaporate the excess water using a hotplate until the compound is moist to the touch, but not sticky. Grind this compound with a wooden dowel until the consistency of sugar. **DO NOT GRIND THIS COMPOUND WHILE DRY. IT WILL EXPLODE VIOLENTLY!!!!**

Gently and easily, pour the compound into the primer cups. **DO NOT COMPRESS!!!** Dry the compound in the primer cups by

placing in a dry area. Do not use a heat lamp. You may use a fan for air circulation, but do not allow the aluminum dust or potassium chlorate to blow out of the primer cups. This is a very sensitive and dangerous explosive. The addition of aluminum dust to the potassium chlorate makes the compound **EXTREMELY** flammable! If the compound is blown from the primer cup it can explode when walked on.

The above primers are all corrosive in nature and will tend to rust your bore and chamber if not cleaned immediately after firing. Normal cleaning solvents are not effective in removing the residues left by these priming compounds. You will need to use hot, soapy water to scrub the bore and chamber.

To clean your firearm, pour hot water into a basin and add soap. Now place the muzzle of the barrel into the hot suds and using a cotton patch on a cleaning rod, draw the patch up through the barrel. This will draw the hot, soapy water up the barrel with the patch. Run this through the barrel several times.

Follow up with a brass cleaning brush and again with a new cotton patch. Drain the basin and fill with clean, hot water. Repeat the procedure with a new cotton patch until the barrel is free of soap. When finished, spray a new cotton patch with fluid film, WD-40 or similar rust inhibiting coating and run this through the barrel. After the soapy water and rinse, this final step is necessary to coat the unprotected bore and chamber. Do not forget to clean the bolt face and receiver as well.

Beside hot, soapy water, military bore

cleaner is formulated to clean chlorate fouling. Make sure you stock back plenty. Also make certain to coat your bore with rust inhibitor.

As mentioned, these primer formulae are all corrosive. They are also the easiest that you are going to be able to make. As always follow safety procedures when making these compounds. Keep a clean work area. Label everything. Make only small batches at a time, in case of an accident, you won't fly as far down the road. Wear a face shield or at least goggles, you'll be able to see where you're flying. Never tamp or force compounds into your primer cup. You still want to be able to count to 10. **NEVER** touch the chemicals. It will render them inert and potassium chlorate is toxic in sufficient amounts. Potassium chlorate may also be absorbed through the skin. Learn about what you are handling before you attempt making any of the above compounds.

If there is any point which is unclear to you concerning manufacture of a compound, seek help. If you are unsure of a procedure, seek help. If you are a novice, seek help. If you wish to manufacture these compounds merely to create mayhem and havoc, seek help.

We will continue with expedient primers in our next issue as we consider compounds for non-corrosive primers.



## Notes From All Over

by Doug and Cathy Jory

Allow us at *The Independent American* to introduce you to Doug and Cathy Jory. Doug and Cathy are a husband and wife team of book writers based in Oregon. They travel the country and Canada and write on historical subjects. They are very intelligent and see what is happening to the Citizens of America. Their *Notes From All Over* column will keep you more informed than your evening news. *The Independent American* is happy to have them and we know you will enjoy seeing their *Notes From All Over* as a new feature throughout the pages of this magazine.

### D.A.R.E

Drug Awareness Resistance  
Education should be Drugs And Rotten  
Ethics.

A couple of years after the D.A.R.E program was introduced in schools, I was staying with my sister and brother-in-law in California while house hunting. My nephew Eric came home from school one afternoon crying. When we finally got him to talk about why he was so upset he said, "I don't want to do this anymore. I don't want to tell the police that Mom and Dad smoke and drink." We ask him what he was talking about. He said, "This D.A.R.E. Program. I am suppose to tell the police that Mom and Dad smoke and drink. I am suppose to tell them that Mom takes speed. I am suppose to tell them what guns Dad has and where he has them. I am suppose to tell them about our friends that smoke or drink or have guns or do drugs. But if I do they'll put us in foster care and if I don't I am guilty of the same things Mom and Dad do."

When Vickie called the school,

needless to say, very upset, the school told her that if she had nothing to hide she didn't have to worry about the program but if she did have something to hide she would prove it, by pulling Eric out of the program.

Eric and the other children had been taught not to lie and now all of the sudden we had to tell them it was okay to lie about things that were no one else's business. Private things that have nothing to do with school.

A year ago, a friend, Ree, lost her 23 year old son, Johnathan, to a massive heart attack. A few weeks ago Ree and I were talking about her other children and school and the D.A.R.E program came up.

Ree told me the school was sending permission slips home everyday for Dymond and JJ to join the D.A.R.E. program. Ree would not let them join the program because of what Johnathan had told her about it. About six months before he died he came to his parents to visit. He told John and Ree he wanted to apologize for getting into drugs. He said, "I was never interested in drugs until I went through the D.A.R.E. program. They bring drugs in to the class and let the kids handle it and tell them how it will make them feel. They had cocaine, pot and pills. They explained what they were, how they made you feel and everything. They let us handle the pot and pills and the coke too but we couldn't take it out of the bag or open the bag. That was when I started being interested in drugs." Needless to say, John and Ree won't let the two younger children participate in D.A.R.E. That hasn't stopped the school from sending daily permission slips or calling Ree and telling her that the kids have to join the program.





## **.45 ACP vs. 9mm And So Forth**

written by Douglas P. Bell

Every so often I get a letter about how the person writing likes the 9mm but they just know that I don't like 9mm's because I carry a .45. OK, let's do a .45 ACP vs. the 9mm Luger/Parabellum type article. After all, the various gun rags all run a ".45 vs 9mm", ".308 vs .30-06", "this vs that" type of article every year (or few months) so I thought the readers of The Independent American might like a "this vs that" type of article too.

First the handgun calibers; which is best, 9mm or .45 ACP? It depends. The 9mm is often found in smaller pistols and can generally carry more ammunition in it's magazine, plus the US military went to it (and is now switching back to the .45 I might add), as have most police departments that went to auto-loaders a few years back, (now they seem to be switching to the .40 S&W, but that's another story). So if you want a major caliber auto in the smallest package, plan to use military ammo (especially in most non-combloc countries) or get ammo from the police, go with the 9mm.

If concealability/small size is not the most important issue, if you like big bullets making big holes in what it hits, or if you plan to use at least some FMJ military ammo (while the .45 is MUCH more effective with full metal jacketed ball ammo than the 9mm, it may not be available in other countries), then go with the .45 ACP.

Or you can do what I did, get a gun that you can get conversion kits for and

add a .22 LR, .39 Super, 9mm Luger, .41 A&E and .45 ACP conversion kit so you can shoot whatever ammo you can find from North America (.45 ACP) to Central America (the .38 Super is very popular in Mexico), to the non-combloc countries (9mm Luger) around the world. If you feel you might be in a combloc (or "former" combloc country) you can always add a spare barrel in 7.62x25 (.30 Mauser/Tokarev). The point is that whatever you are happy with is what you should be using. Learn to shoot the gun well, hit what you are aiming at and get a large supply of ammunition, spare parts and magazines for it and be satisfied. End of .45 vs 9mm.

What about revolvers vs autos? Well that one pops up fairly often too. The greatest argument for semi-autos pistols is that no government equips it's troops with a revolver. Since all governments are most concerned with keeping themselves in power, and that means equipping the troops with the most effective weapons, if revolvers were it, then soldiers would carry them.

However survivalists are not concerned with military actions and can choose the best tool for the problem. The major reason the revolver is pushed is that it is easier to learn to shoot, point and pull, no safeties, levers or other things to push, pull or trip before firing. While this is true, that still doesn't mean the shooter will hit anything except at very close range. To learn to shoot well requires time and practice, and if you are willing to do that, an auto might well serve you better. Actually this one boils down to what you like to use, what you plan to do with it and what caliber you want to shoot.

Revolvers are normally chambered for more powerful cartridges, although there are now autos chambered for the .357 Magnum, .44 Magnum, .45 Winchester Magnum, .50 A&E, and so forth, so that isn't always true now either. Revolvers, often being more fragile than autos, generally need a pistolsmith to repair them when something goes wrong, while most autos can just have the part replaced interchangeably. Revolvers hold less cartridges than most autos, but can use any power level you want, from light target loads on up to whatever the gun can stand, while autos are pretty much limited to a narrow range of power if the gun is to work correctly. The auto throws its brass to hell and gone, while a revolver keeps the brass in the cylinder. The auto, as long as the ammo is "clipped up", is easier and quicker to reload, while the revolver is often quicker into action for the first shot with loose ammunition. Basically it all boils down to what you like, what you need the gun for and how much time you are willing to take to learn.

What about the .30-06 vs .308? Well to be honest there isn't a dime's worth of difference between the two with bullets in the 125 to 165 grain range. Shoot any living thing in the boiler room with the proper bullets in either cartridge and that's the end of the story. With bullets of 180 grains and up, the .30-06 with its longer neck and great case capacity can handle them better and starts showing its stuff, but except for the bigger North American game with heavy bullets, either is just fine.

The major difference is in the guns designed for them. There are only two common military semi-auto rifles designed for the .30-06, the FN-49 and M1

Garand rifle. The .308 was designed for the auto rifle and is used in the M-14, FN-FAL/FNC/FN-LAR, AR-10, HK 91, and so on. The same pretty much holds true for commercial lever and self-loading rifles as well and those that were designed for the .30-06 (with minor exceptions) were also chambered for the .308, and there are more .308 chambered models than .30-06, due to the .308's shorter cartridge length.

The .30-06 was designed in 1903 (.30 Government or .30-03) and then in 1906 had the neck length changed slightly to the now current .30 Government or .30-06 (to confuse things even more, the .30-40 Krag was also known as the ".30 Government" as well) for use in bolt action rifles and then used in the various machineguns such as the BAR. The 1958 vintage .308 (actually the 7.62x51 NATO.. the commercial .308 is slightly different than the military version, although not enough to matter greatly) was to match the .30-06 military load with 150 gr. bullets but was also designed for use in automatic weapons with an enlarged extractor groove and heavier rim. The major difference between the two is if you want to shoot longer, heavier bullets or if you want a current military style magazine fed semi-auto.

If you shoot long, heavy bullets, such as 180 grains and up, then the .30-06 is your best bet, especially in bolt action rifles. While the M1 is a great rifle, it is designed to work within M2 ball specs, and higher pressures will damage the gun and while the FN-49 is magazine fed and has a gas cut-off, it is hard to find in .30-06 or get parts for. The cheap surplus M2 ball ammo has dried up and is now about as expensive as commercial ammo,

although the proper M2 ball is currently available commercially. If you want a military style semi-auto, the .308 is available (currently anyway, subject to CONgressional whim) in at least five different basic models with fairly new cheap surplus ammo available.

Bolt vs semi-automatic. Well the various military bolt guns are reasonably common right now, reasonably cheap right now, reasonably easy to work on and get parts for, and most major military caliber ammunition is cheap and available right now as well. As an added bonus, the bolt guns are often more accurate than the various semi-autos. The same pretty much goes for the various military semi-autos right now too, cheap, easy to get ammo for and both parts and accessories are readily available. The problem is the supply of military surplus guns and ammunition could dry up at any time.

So much for the military stuff, what about the commercial guns? While the commercial semi-auto guns are quite good, most do not stand up well to sustained rapid fire. They are far more fragile than a good bolt gun and are generally less accurate, although some of the better semi-autos are very accurate. The bolt guns are found in larger, more powerful cartridges than autos and are quite a bit easier to fix when something does go wrong.

Actually if you know what you are doing, don't have any need for sustained rapid fire and accuracy (within reason), then there is no reason a semi-auto from one of the better gun makers should not do everything you could want provided the cartridge is matched to the game. You don't need a .300 Win Magnum for close

range deer and a .223 wouldn't be too good for bear, but there should be a semi-auto suitable for most any game in North America.

Everyone has their own opinions when it comes to this vs that. We all have our own concerns and consider the differing options according to our own needs. When considering this vs that, sit down and consider what you want from your firearm and buy the best that suits you.



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## Info-Line



### **Survival Information: It's Past, Present And Future**

by Corcceigh Green

Information has always played an important part in the survival of individuals and nations. Early in history, information was passed down from family members. How to build a fire, how to make tools, build a shelter, find or grow food and apply a trade were all important. The information you learned kept you alive and you helped your family, friends and nation.

It's a bit different today. There's no time for family in today's struggling economy's rat race. Children are raised by the state. The state delivers a regimen ensured to produce a stupid, cowed populace and each succeeding generation becomes dumber, more slavish, worthless and completely unable to think for itself.

As a result we have a populace that votes either Republican or Democrat in every election (even without vote fraud), can't figure out the difference between a

Republic and a Democracy and thinks everything it sees on television is real.

There have been some very promising movements springing up at times in the various decades of the '60s, '70s, '80s and '90s that have done their share to turn things around. The survivalist movement of the '60s, '70s and early '80s has done more to educate Americans as to how to survive natural and man-made disasters including wars conventional and nuclear/biological/chemical than any of the later back to earth movements could. Liberty Lobby had it's beginnings in the '50s and concentrated on working to restore and protect Americans' vanishing freedoms. Liberty Lobby was also instrumental in pointing out the people behind the scenes who are responsible for scamming Americans into not exercising their Rights.

The paramilitary groups that formed in the early '80s combined the survivalists' skills in overcoming threats to life with the movements to return our country to it's original constitutional principles. These groups should not be confused with freebooter groups whose sole purpose for formation was to take whatever they needed to survive from whomever was weaker than they. The paramilitary groups expanded on the survivalist mentality to include resistance to foreign invasion, nuclear blackmail and tyranny.

The '90s brought about another radical shift in American politics. A communist president (who preferred the term communitarian) achieved the country's highest office. William Jefferson Blythe Clinton was not the first communist president, but he was the first president who openly expounded that our

Constitution for these United States of America was a radical document that “gave” a radical amount of freedom to individuals and that individual freedom was being abused. Willy also expounded that when individual freedom was abused, government should move to limit those freedoms.

Of course, those of us in the survivalist and freedom movements knew the truth of this matter. Our Constitution does not *grant* freedoms. It enumerates Rights. These Rights are *endowed* upon men and women by their Creator. Government exists only to protect and defend those Rights. Government CANNOT limit, abrogate or abuse them. If government commits any crime against those Rights, it is the Right and duty of the people to abolish that government and set up new institutions.

With the birth of a government openly hostile to the institutions of freedom and liberty, the militia movement was formed mainly from paramilitary groups who now saw government as the main threat to Americans. Militias played several important roles in preventing the Clinton regime from instituting a complete totalitarian order in America.

The ‘90s also saw legal movements trying to work within the ucc code to recover Rights no longer honored in the “courtroom”. Some successes initially arose from these movements and Americans gained a lot of education towards the machinations of the corporate entity that has usurped America’s Law. Of late it looks doubtful that what are passing as courts of “law” will allow Americans access to their Rights.

Throughout these movements there has always been some attempt to communicate the ideas behind them. Books were the first medium in which these ideas were expressed. Although, more pamphlet than books, government itself published some superb survival instruction. These took the form of civil defense publications and were based on the CD precept that local communities with local leaders would handle disasters at their levels. These publications also focused on self help and preparedness making them ideally informative for survivalists.

Authors like Dean Ing, Mel Tappan, Ragnar Benson, Cresson Kearny and Kurt Saxon, who had been and done all offered some of the best works done in the survivalist information market. Kurt Saxon takes the credit for coining the term survivalist. He has authored several volumes of *The Poor Man’s James Bond*. Kurt searched out old knowledge in books now out of copyright and rightly gauging that the knowledge had been carefully erased from America’s new educational agenda, republished the old books linked together with some original material to form the volumes of his books. The other authors mentioned are also unsurpassed. Cresson Kearny’s work, *Nuclear War Survival Skills* is a must have in EVERY library. Dean Ing’s survival fiction is the most entertaining and informative ever done. Like Cresson Kearny’s work, Dean Ing’s, *Pulling Through* had better be on your shelves if you call yourself a survivalist.

It was the periodicals of the time that allowed survivalists and freedom advocates a timely dose of fresh ideas and useful information. Preceded by a great

many newsletters, periodicals made the leap into the magazine rack by the late '70s and early '80s. Two magazines of this period were *Survive* and *American Survival Guide*. Both are now defunct. In their early years, *Survive* and *American Survival Guide* presented the ideas of survivalism to a public brain locked by a socialistically inclined media. Beside awaking otherwise smart people to a do-it-yourself attitude, both of these early magazines presented survivalists and Americans techniques and how-to for nasty situations.

Later magazines on the scene equaled or surpassed the quality of these "big two". Kurt Saxon's *The Survivor* and *U.S. Militia* kept up with the issues faced by survivalists and Americans while *Survive* closed it's doors and *American Survival Guide* had been bought out by a liberal Bill Clinton supporter and it's format radically changed. (It should be noted that *American Survival Guide* editor, Jim Benson, did not approve of the changes. *American Survival Guide* changed it's name to *Self Reliance Journal* and has since folded. Jim Benson has gone out on his own with his own online magazine, *Modern Survival*.) *The Survivor* and *U.S. Militia* has also ceased operations.

In the freedom movement, Liberty Lobby began it's foray into publication in the early '50s with *The Liberty Letter*. This newsletter grew by leaps and bounds as one of the pioneers in pointing out government law breaking and wrong doing. The success of *The Liberty Letter* prompted Liberty Lobby further into the publication business with the weekly newspaper, *The Spotlight*. For years *The Spotlight* kept Americans informed of the dirty dealings, corruption and outright

criminality behind the scenes in Washington, D.C.. As *The Spotlight* focused solely on corruption in politics, there had always been plenty for the paper to cover. Unfortunately, due to some infighting, Liberty Lobby folded and *The Spotlight* became defunct in the late '90s.

You can't keep a good publication down, however. The same people that brought us *The Spotlight* has been producing *The American Free Press*. In the same tradition of "keeping a spotlight on Congress", *The American Free Press* has taken the reigns at the old Liberty Lobby Foundation.

The John Birch Society has been active in exposing corruption as well, but has been lacking on the preparation, restoration and survival side of the equation. This was not always true regarding nuclear preparation and warning, but of late, they have fallen into the role of town crier without offering the solutions to the problems.

The John Birch Society has fallen by the wayside with most Americans through no fault of their own. The Birchers reported on a Soviet submarine off the coast in American waters and were ridiculed in the media. The main stream media falsely reported that no Soviet submarine was present in American waters. This turned many Americans away from a decent news outlet. When The John Birch Society was proven right, there were main stream retractions buried near the back of the newspapers. Purposefully designed to draw no attention, many Americans still have never heard of The Birch Society's vindication.

In the northwest States of Idaho, Washington, Montana, Oregon and

Nevada, a true source of investigative reporting exists. *The Idaho Observer* showcases events that main stream news sources are ordered to ignore. It was *The Idaho Observer* that uncovered the truth behind the McGuckin incident when main stream sources were regurgitating press releases from the prosecuting attorney's office. When investigated (like real reporters are supposed to do) the information in the press releases were found to be false at best with much of it being provably lies. For real news coming out of the northwest, *The Idaho Observer* is your best choice.

The back to the land movement also has merit among survivalists and freedom seekers. The back to the land movement incorporates a large portion of self sufficient strategies. Growing one's own food, providing one's own heat and all of the necessities of life from the comfort of one's own homestead appeals to those in the freedom movement and survivalists alike.

The back to the landers have their publications too. *Mother Earth News* at one time was fairly informative and covered a lot in homesteading and gardening. Unfortunately, *Mother Earth News* has strayed far from the path of simple country folk or back to the landers. *Mother Earth News* has become very active in ecological issues and has strayed in that direction so far as to endorse Al Gore's candidacy for president in the 2000 elections. The year 2000 was the last time I picked up an issue of *Mother Earth News*.

Self sufficiency is also the theme of *Backwoods Home Magazine*. *Backwoods Home Magazine* is decisively Libertarian

in philosophy, therefore goes much farther in educating Americans of their disappearing freedoms than main stream sources. The periodical has published some excellent articles in the area of self sufficiency including a couple from this author. For hardcore survival, however, you will need to supplement *Backwoods Home Magazine's* self sufficient expertise with some down and dirty sources for nuclear, bio., chem., combat, resistance and more traditional survival interests.

As mentioned, Jim Benson the former editor of the now defunct *American Survival Guide*, has gone out on his own to create the online magazine, *Modern Survival*. A purely HTML web publication, I find the website put together just fine. The information is comparable with the publication's forerunner's later material. I would really like to see Peter Alen Kasler return to *Modern Survival* and the material include more hardcore information.

This brings us around to the publication you are reading now. *The Independent American* was officially published last year on the 10th of May 2003. Our beginnings went back several years before that, however. In the decade of the '90s, Many survivalist based publications were folding, or being bought by liberal, big government supporters. *American Survival Guide* had been significantly weakened in it's content and *The Survivor* and *U.S. Militia* went under right when they were needed most. All this during the Clinton regime, leaving Americans without a periodical of survival information.

During this crucial time, I was about to make the acquaintance of Douglas Paul

Bell. Doug had been the book reviewer and contributor to *U.S Militia*. He and Steve Cleveland were putting together a survival publication and were looking for material. I happened to have a series of articles that I originally wrote for another publication. Because my articles warned Americans of encroachments into their Rights and lives by government and preparations that should be made by Americans to defend their liberties, the other survival publications wanted nothing to do with my articles. I received a different response from Doug Bell.

Doug saw that the articles only expressed a truthful threat against Americans and detailed techniques that could be employed to defeat the threat. The articles contained survival information that could help Americans live through a nasty situation. Doug didn't care if the truth offended anyone or if it would make him a target. Doug does not back away from printing the truth.

Unfortunately, this enterprise never made it off the ground due to funding. Over the years, Doug and I kept up a correspondence. The subject of how there were no outlets for hard survival information out there kept coming up. In one letter Doug wrote, "We should start our own magazine.". After all, we had been writing for some time and the only articles that I had been able to sell were watered down versions that carefully avoided offending those with liberal viewpoints and no references to our Constitution.

To Doug's suggestion of starting our own magazine, like a fool, I said, "Yeah, let's do it.". I did not know what I was getting into. Originally, *The Independent American*

was intended to be a print media magazine. After checking the prices for printing, we decided not to hire out to independent printers. Next, we looked into buying our own printing equipment. As we believed we were making progress in one area, we discovered inadequacies in other areas. We could afford paper and ink, but ordinary personal printing equipment wouldn't stand up to the task. Older equipment, like commercial plotters and offset printers were unsupported in today's high tech market place. That left us to check into a lower cost alternative.

The internet has been a ready resource for many survivalists and freedom oriented organizations and individuals. Web sites can hold many pages of text and photos. Everything necessary for the outlay and production of a magazine. After our experience trying to locate and purchase equipment for printing, we decided to seriously look into internet productions. In either case, we would need a web site to keep up with the times.

While working on our concepts for the magazine, Doug come up with the perfect name. He wanted to convey just what we were all about. Independence and the American spirit. Our history, our Constitution, our Rights, survival and self sufficiency. From these concepts was born *The Independent American*.

We picked up some great writers during our preparations. Hari Heath is a personal friend and an early advocate of pro-se litigation, straw man tactics and has a particular passion for restoring our Constitutional Republic. Hari has been in the publication business himself with a small publication called *The Brushfire News*. *The Brushfire News* has since

become a regular column in *The Independent American* and *The Idaho Observer*.

Hari is also a fugitive from a foreign corporate system that is using our “court” system to unlawfully force Americans under it’s rule. Hari’s story can be read on *The Independent American* web site and in *The Independent American* May/June 2003 issue, *The Brushfire News* column. His Sixth Amendment Rights violated, Hari has refused to submit to an unlawful act by a judicial system that is not adhering to American Law. Hari is still free today, but is being hunted by forces hostile to America. *The Independent American* will continue to publish Hari’s column in it’s pages.

Glenn Boman is a perfect example of a southern gentleman. His old fashioned manners and polite bearings reflect a Norman Rockwell America. Glenn doesn’t have to come out and tell you that he is Christian and the pastor of his Church. You easily figure that out when you speak with him.

Glenn has been an active outdoorsman, hunter, fisherman, backpacker, camper and survivalist for many a decade. His expertise on handloading, handgunning and hunting all add up to make his column, *Firearms And Survival*, a superb collection of advice based on real life experience.

Down the end of an old county road, at the top of a hill overlooked by one of the larger hoodoos lives a firecracker of a character. Pug Mahone has a deep interest in freedom and bayonets. His thoughts are, “If one is denied me, I’ll use the other.”. Many of his quotes on the subject are a bit too colorful to include here. His column, *The Kiss-Off*

*Commentaries*, are the epitome of our First Amendment in action. Pug will not back away from pointing out unlawful actions committed by those who think they have ultimate authority in government.

Pug is experienced in the hardships of living a free life in a collectivist world. He has learned to fly under the radar of most bureaucracies and live as God and our forefathers intended. He believes that our best chance to awaken Americans is to merely point at what government is doing criminally and show them in our Constitution where their actions exceed their authority. When Americans realize the truth about a criminal government, they will act to place that government back under the constraints of our Constitution.

Douglas Bell and I had been working on a means of getting our periodical published when Doug phoned me about a conversation he had with Tom Icom. Tom was experienced with web publications. He has published periodicals on the web like *Cybertek*, *Homestead Designs* and the new survival periodical, *The Pine Tree Journal*. Tom knew how we could format our material and publish it on the web. After all, he had been doing it with his own publications and even did pioneer work in the fledgling internet industry.

Tom offered to put our primitive documents into a PDF format and publish the magazine at his web site, HD-Works. Tom did a marvelous job on our first issue. The PDF format framed the information we are offering into a superb, easy to read package, allowing photos and illustrations to be placed into the text, as well.

Tom’s column, *Live Free Or Die*, advises the reader on a wide range of subjects concerning survival and equipment. Tom has a vast amount of experience and education in the high tech world. His expertise will enhance the reader’s education in areas where



knowledge of this equipment will be essential for survival.

Unfortunately, Tom had a conflict in scheduling several months ago and was unable to complete our second issue. Since that time, I have learned to handle the programming and formatting of the magazine. Tom continues to write his excellent column, however, and to publish his own periodicals. *The Independent American* is glad to have his help. Without Tom, the magazine would have been faltering, as Doug and I tried to get funding for a print version.

Other authors that we had along the way were Wildflower and James Daken. Wildflower's expertise is in crafting useful objects from junk. James Daken, the author of the e newsletter, *The Bison*, made survival a way of life. His advise focused on preparing now for what lies ahead. James is an excellent writer and knows his stuff. Unfortunately, James has dropped off the map. It has been sometime since we've heard from him. If anyone is in contact with him, please let us know.

We have had a few freelance contributors along the way, too. Foremost in mind has been the Reverend Doctor J.D. Hooker. Rev. Dr. Hooker is a homestead expert and natural craftsman extraordinaire. He has contributed some truly inspired material to our magazine, even being featured in our *Projects For Home And Life* column in the past and in this issue.

*The Independent American* past articles have covered planning to survive a nuclear incident or war, building a fire, What firearms are preferred by our authors, the state of the court system in Amerika, growing weeds as food crops, building a forge and an ongoing series designed to give Americans some options should ammunition be excessively taxed or banned.

The above are far and away not the only articles that have been printed in these pages nor are they the most stand out articles. There

have been loads of superior information that you just can't read anywhere else. Future issues will bring information that is every bit as informative and excellent.

We will be continuing with our series on the chemistry behind making your own ammo. More nuclear news and survival techniques will be coming your way. More homesteading projects and working with the forge are on the way. Information on thwarting raids against your home will be appearing soon. More on food production, gardening and plants are in the works.

When Doug, Tom, Glenn and I began this project, none of us thought that we'd get rich doing this. We were right. So far the magazine has not yet paid for itself. That is normal for a new magazine. We believe if we persevere, smart Americans will subscribe. For the staff of our magazine, we are all blue color workers. We have made an art of getting by in the world without money and living on our survival skills. We have "been there and done that" . We have survived to learn from our mistakes and to know what works and what doesn't. Now we are here to pass that knowledge on to you.

We are one year old with this issue and we have brought you the best information available anywhere in that time. We pledge to continue that quality and reporting during the coming years. We have found that good information may mean the difference between life and death. Our aim is to bring you information that will enhance and/or save your life.



## About Plants

### Plants Useful Against The Effects Of Radiation



by Corceigh Green

Recent events have shown that Independent Americans must be concerned with the effects of radioactive toxins. Radioactive toxins that are released after a nuclear war, terrorist detonation or power plant release will have to be dealt with by survivors and populations downwind of these hazards. Unfortunately, civil defense no longer exists in America. Civil defense was replaced by FEMA under the Carter regime. Instead of local CD officers from their local areas in charge of shelters and stockpiles, we now have a federal system whose sole purpose is to “maintain the continuity of government“. If you wish to have access to FEMA help after a nuclear incident, you will have to abide by FEMA rules. Our Constitution for these United States of America will not apply.

Independent Americans are going to need to be able to set up their own civil defense system and be able to handle nuclear emergencies on their own. The only “help” that will be offered by FEMA is a small space in a refugee camp IF you turn in your firearms and give up any pretext of exercising your God-given Rights.

Given the choice, prepared Americans can opt to protect and provide for themselves. There are several books or articles that I consider necessary in the way of gaining knowledge that will help to prepare for a nuclear event. Those books are: *Nuclear War Survival Skills* by Cresson H. Kearny and *Pulling Through* by Dean Ing. Articles are *The New Nuclear Threat* of the May/June 2003 issue of *The Independent American* and the article on Radioactive Iodine on the first page of this issue of *The Independent American*. These works together will give you enough working knowledge to survive a nuclear war or incident.

Working knowledge is only good, if you actually make the preparation and do the hands on work to survive, however. You will need to lay in the food supplies and build the shelters and all the etc. if you expect to make it and pull your family through with you.

This *is* the plants column, however, and our focus in this column will be on the plants that you may grow or purchase to lay aside which will help you and yours to survive a nuclear incident. Many of the plants that will be described are herbs or spices but may be included in foods that you eat to provide excellent nutrition both before and after an incident. This will give your body the added ability to ward off more of the effects of radiation than would be considered normal. Some of these plants, you will be able to grow and provide for yourself, which is recommended. Others are regional and cannot be found everywhere, so you will need to think about laying in a supply.

Our first plant to be recommended is aloe

vera. Aloe vera contains many healing properties, all of which are applicable to the effects of nuclear bi-products. Aloe vera is high in vitamin A, which is essential in the mending and healing of tissues and boosting the immune system. Aloe vera's ability to speed healing and mending of the tissues is legendary. It has been used for millennia just for this expressed purpose. It has also been used as an anti-aging agent for the skin, helping to remove wrinkles. Aloe does help to remove some wrinkles from skin. This is due to it's vitamin A and anti-oxidant content.



Aloe vera. This plant is a necessary addition to fallout shelters.

Aloe vera's juice is a superb healing agent for burns. All kinds of burns, and this includes radiation burns. Some radiation burns (especially those caused by gamma and X radiation) are very similar to sun burns. Beta and Alpha burns are also similar to sun burns, except that they are not as penetrating and are localized very close to the radioactive material contaminating the skin or other organ. Eventually, tissues burned by radiation will die. What your tissues need are nutrients that will mend the cellular tissues that are damaged and help to build new cells to replace the dead. The juice of aloe vera contains these nutrients in the

form of vitamins and mineral colloids. This means that the nutrients in aloe juice are readily bio-available (they can be absorbed and used by your body easily). They are so bio-available that aloe juice may be applied directly to the skin to heal burns of all types there.

Radioactive toxins are sometimes ingested through inhalation or swallowing. This will result in damage and burns within the alimentary canal, liver and kidneys. Fortunately, aloe juice is edible and can be utilized internally to sooth and heal tissues damaged by radiation. Within the esophagus, stomach and intestines, this will act in much the same manner as when applied to the skin. In the liver and kidneys, nutrients taken into the body from the aloe juice will be used to repair damage to those organs.

Aloe vera juice is mucilaginous, so will coat the esophagus and intestines. This keeps the aloe on damaged tissues longer, helping it's nutrient to be absorbed on the spot where it is needed most. Aloe vera also softens the stool, making it mildly laxative. In times when it is necessary to take it internally, limit it's consumption to once or twice a day and drink plenty of fluids, so as not to become dehydrated.

For internal use, mix 1/4 cup of aloe vera juice into a cup and a half to 2 cups of fruit juice and drink. Aloe vera is bitter to the taste. For children, it may take some getting used to, but it is a necessary addition to your diet should you encounter radioactive toxins.

Aloe vera is easily grown inside. Being native to the deserts, the drier conditions inside the home or shelter will not deter it's growth. Water is not much of a

problem either. Water your aloe with uncontaminated water from your shelter. Just moisten the soil once a day and your aloe will thrive. Provide light as you can. If you can't provide a lot of light, your plant will still grow well, so don't worry. Aloe is extremely resilient and famous for thriving under bad conditions. It should grow well in your shelter.

To harvest, cut off fresh leaves and run through a juicer, or squeeze the juicy pulp out of the leaf and use as is. This plant is too easy to grow and too important for Independent Americans to be without.

Kelp is an extremely mineral rich seaweed. Growing offshore in the earth's oceans, kelp has access to many minerals which it brings into its structure as bio-available colloids. Kelp is also rich in iodine, which your body will take into its bloodstream and store in the thyroid. This has the effect of blocking radioactive iodine uptake in the thyroid. For this effect to be successful the thyroid must be saturated. See the article, *Radioactive Iodine!* in this issue.



Growing offshore in the ocean, kelp helps to prevent the absorption of radioactive toxins.

Kelp is essential in blocking the absorption of strontium 90, barium,

plutonium and cadmium into the body. Kelp's mineral colloids are taken into the body and stored in bone and tissue. Because kelp's minerals are highly bio-available, kelp not only helps to build a strong body, but helps the body to recognize that it doesn't need to bring in harder to absorb heavy elements like radioactive toxins. When your body is not greedily looking for any mineral source for growing or tissues that need to be repaired, you will pick up less of these toxins.

One of the minerals provided by kelp is sodium alginate. This mineral bonds with strontium 90, blocking it from being stored in the bones and tissues. Thus forcing strontium 90 to be eliminated from the body through the bowels.

Where I used to live on Washington's Kitsap Peninsula, kelp was prevalent in the Puget Sound. A person could go boating and pick up a great quantity at a time. It has been some time since I've been back, but from what I hear from my relatives, the kelp is disappearing. This is due from a huge influx of Chinese and Asian immigrants who know of the nutritional value of this super food.

As mentioned, kelp grows in the oceans. Now all Americans will have access to a supply of kelp. This is one plant source that you are going to have to purchase and keep a supply. Purchase bulk dried kelp from health food stores. Be careful not to buy kelp sold for the purpose of fertilization. Kelp sold as fertilizer may have been composted or fermented while being stored and will not be fit for human consumption.

The best way to take kelp is as a spice.



Sprinkle it on your food. It goes well with meat dishes, in soups, chili, on fish and in salads. Crush the dried product finely (children don't seem to mind it so much this way) and sprinkle a teaspoon into your food. The Nuclear Regulatory Commission recommends that you eat 3 ounces of kelp per week.

Kelp's benefit is so great that Independent Americans should have a large supply stored. It is so nutritious that Americans should take advantage of this food source everyday. For those of you lucky enough to live close to a source of kelp, you can air dry this seaweed as tobacco is. Hang it from high rafters and allow it to dry. When dry, break pieces of the kelp to fit into a metallized bag. Place some oxygen absorbers into the bag and heat seal it. Place the bag into a plastic five gallon bucket and seal. This will last for at least a year or two. The rest of us will have to spend our money at the bulk health food stores.

Milk thistle has been known far and wide in the alternative health community as an herb that can actually rejuvenate liver cells. It is a specific for all types of liver problems and disease.



**Young** milk thistle plant. The fruit of this plant is beneficial to the liver when reversing the effects of radiation.

As radiation damages the body, toxins build up in the blood stream and are removed and stored in the liver before being eliminated. Radioactive toxins and

their bi-products are especially harmful to your liver as they will spend more time there.

Like most thistles, milk thistle is considered a weed and will thrive in most soils and conditions. They are easy to grow and hard to get rid of, but with this kind of benefaction toward mankind why get rid of it? Like aloe vera and kelp, milk thistle should be in your apothecary and/or garden.

Milk thistle is native to the Mediterranean, but has become naturalized along the Pacific Coast of America. A trip to the region or some friends living there may score you some seeds which develop in July, August and early September. Merely rake these seeds into your soil and tamp down firm with your rake.

The fruit of milk thistle (actually the flower buds just before blooming) produces a chemical called silymarin. It is this chemical which stimulates the liver to regenerate and produce new liver cells. Silymarin is also an anti-dote to death cap mushroom poisoning. The fruits are ready to collect in May and should be dried or extracts made with the fresh buds. Allow some of your milk thistle to bloom and produce seed. Save the seed to replant next year. Milk thistle is an annual. It may reproduce from the root, but always save seed to be certain of your supply. Once a population has been established, it will become self spreading or naturalized. Check with your local ordinances about this, however, the introduction of a species may be illegal in your area.

The young leaves may be used in salad and are an appetite stimulant. When using milk thistle to repair your liver of

radiation damage, you should also administer oregon grape root for a synergistic effect.



Oregon grape with mature berries late in the season.

Oregon grape is a low growing, waxy leaved herb whose leaves somewhat resemble holly, except that they are broader. These leaves form on a vine like ground covering stalk. The stalks are tough and woody and send up a shoot which produces a flower cluster. The flowers of oregon grape grow above the leaves and are yellow in color, attracting bees and other pollinating insects. The flowers produce great tasting purple berries in September and may be canned as a jelly or jam.

The part of the plant to use to counter the effects of radiation on the liver and bloodstream is the root. The root produces chemicals which cleanses the blood and liver. As milk thistle acts to rejuvenate the liver, oregon grape cleans the toxins from the liver, helping to eliminate further damage. The synergistic effect of these two herbs working together to protect and restore a susceptible organ against the effects of radiation makes oregon grape and milk thistle necessary to Independent Americans' larders.

Oregon grape likes to grow on sunny hillsides in open spaces between conifer trees. It enjoys loamy soil and a mulch of

pine or fir needles. To establish oregon grape on your homestead, you will need to transplant it from the wild. Again check with local statutes first. Keep your new transplants well watered and partly shaded their first year. Never harvest their roots until they have been completely established. You may harvest the berries after their second or third year, but harvesting roots at this stage will destroy the plants.

When the plants *are* established, usually by the fourth year, you may dig under the plants and cut away some of the root runners to harvest. Do not cut the main tap root and do not pull the plant up completely. After harvesting, re-bury the root system and water heavily. It would also do well to add a vitamin B complex solution to the soil after harvesting to help the root recover.

Dry the roots in the sun, then powder and soak in 100 proof grain alcohol on the window seal for four days to a week. Store this tincture in a cool, dark place. Stored thusly, the tincture should keep for years. Harvesting of the root should be done in the spring as chemical stores and juices begin to flow to produce new growth. The roots will be more potent at this point. Take 4 drops of this tincture in 8 ounces of water three times a day at meals to help cleanse the liver.

Red clover is an amazing herb that helps the lymphatic system to cleanse itself and the body of toxins. It is a natural antibiotic and aids the lungs by helping to clear impurities from the alveoli. It is a legendary ingredient in most herbal cancer remedies. This is not a surprise, as the body will need a strong lymphatic system to help it to fight off cancer. A strong



lymphatic system is absolutely essential in removing toxins from the body. This will go double for radioactive toxins and their effects.



Red clover has been an ingredient in many herbal remedies. It's ability to cleanse the lymphatic system makes it an essential herb for use against radioactive toxins.

The effective part of this herb is the flower. Collect the flowers just as they are blooming and dry and powder them. Make a tincture as you had for the oregon grape roots and take in a similar fashion.

Red clover is easy to establish. You may buy red clover seed from many seed companies. Sow the seed into a field at spring time and begin harvesting the flowers immediately. Under times of stress your body will need a healthy lymphatic system to help to eliminate waste and toxins.

Echinacea works on the immune system. It boosts the production of white blood cells which works with the lymphatic system to eliminate wastes, impurities and toxins from the body.

Echinacea comes in two flavors, echinacea purpurea and echinacea angustifolia. The difference is one produces a purple flower and the other a yellow flower. The yellow flowered variety (echinacea angustifolia) produces more of the chemical polysaccharides responsible for boosting the immune

system.



Echinacea purpurea or purple cone flower. While not as potent as the yellow cone flower variety, it is a suitable herb for Independent Americans to guard against the effects of radiation and diseases.

The best method for growing this herb is to buy whole root stalks from a nursery. Echinacea enjoys sandy, well drained, but not dry soil.

The part of the plant used is the root. Allow your plants to grow and produce seed. Save back the seed to reproduce your crops every year. Harvest the roots every two years. Because this will kill the plant, have two different stands. Harvest one stand on odd years and the other stand on even years. This will ensure that you will always a crop. Dry and powder the root. Brew a teaspoon of the powder as a tea and drink once a day.

The threat of encountering radioactive toxins in today's world is very real. Independent Americans will most probably have to deal with this threat in the future. It is good to know that this threat can be met and defeated. Begin preparing today.



## *Firearms And Survival*

by Glenn Boman

This entry's subject deals with some slugs I have known. By "slugs", I mean bullets for the firearms that are used by me regularly, but not nearly so much in the last few years due to the press of time, job responsibilities, and other concerns.

I have used the factory made JHP and softpoint bullets from various manufacturers over the years with great success. One of the major problems that I've had with factory jacketed bullets has come from Remington's "rosebud" .357 and .44 magnum soft-nosed JHP style bullets. These tend to deform when being seated in the resized cases due to the extreme softness of the lead nose of the bullet. For that reason, I have stopped using Remington bullets in those calibers. They are very effective slugs as they come factory loaded and they do expand with extreme mushrooms, but, as stated, for reloading, they are hard to seat without deforming the lead nose. I suppose one could have a machinist or custom die shop make a seating die punch that would exactly duplicate the shape of these bullets, but that would be going to an expense and trouble that is unwarranted since there are many other makes/brands of bullets that are available for loading your own.

I used to use Nosler JHP style bullets in the various calibers, but these, by contrast to the Remingtons, were more "sturdily" made. That is, they were not so soft as to deform upon seating, but their lead noses were less exposed and the seating die punch would contact the copper jacket of the bullet. Since I found the copper jacket of these bullets to be more thick than others, they loaded and shot well for me, but they did not expand nearly so readily as did the Remingtons with their larger frontal exposed area of lead. The Noslers

were and are made to penetrate deeper before opening up, but in my experimentations, they never quite equaled the Remington bullets in that category. So, if you want to hunt elk with a .44 magnum handgun, go with the Nosler slugs.. hollowpoint or softpoint. . . it will make little difference to the elk! Still, if you want deeper penetration, go with the softpoint and maybe get another couple of inches if that is what you're looking for.

What do I use now? I have pretty much settled on the Winchester line of copper-jacketed hollowpoints for everything from the 9mm to the .44 magnum loads that I cook up in my reloading closet at home. Why? They are reliable, seat well without deformation, and have less exposed lead than the Remingtons and more than the Noslers. This *may* sound like compromise to you, but they work well in my guns, and I can buy them in bulk at a price much less than the 100 round boxes of the other brands mentioned. Too, the jackets are slightly scored so that the bullet will open up and perform its "mushrooming" function quite well. Now that the company's aluminum jacketed "Silver Tip" bullets are available for reloading, you might want to explore these well-reputed rounds for reliability and their reputation for opening up in the target rather quickly upon impact. Me? I'll stay with the cheaper copper jacketed bullets that I have grown to trust and am more familiar with performance wise.

As for casting my own bullets, I use mostly wheelweights mixed with a small amount of antimony and tin as found in roll solder that is marked 95/5.. meaning 95% tin and 5% antimony. My "method" is not so formal.. I simply melt down the wheelweights, skim off the dross and steel clips as they float to the top of the Lyman furnace, and add about a 30 inch piece of the solder to the mixture which is fluxed well. I have NEI, Lyman, and Lee moulds (molds) and use them all. The Lee is my preferred mould due to the lightweight of the aluminum blocks and the economy of

purchasing them.. .about \$19 for a double cavity mould. I also have a six-cavity Lee "commercial" mould that makes casting much more productive than the double cavity does. At any rate, the metal mixture makes the slug fairly hard and will not lead most barrels up to and including some 1,200 FPS(+) loads. Keeping these slugs at or around the 1,000 FPS mark will never lead my gun barrels when the bullets are properly lubed with Alox, Rooster Red, Lyman's Alox, or the beeswax based "orange" lube that I mostly use now. My bullets are sized no more than .001 inch over bore diameter and some I size the exact diameter of the gun's bore. I have found that GENERALLY speaking, a bullet slightly oversize will perform better than one that is bore-diameter sized or slightly undersized. In fact, some of my Ruger Blackhawks have digested the Lee 454-255 .454 inch diameter bullets with really good results even though their bores are .452 inch! As many of you know from having corresponded with me over the years, I prefer the heavy, flat-nosed, semi-wad-cutter style bullets for most purposes. Yes, I know that the gnat-weight, hyper-velocity JHP's are all the rage in self-defense circles these days, but I have faith in the great big old slugs.

These things will put some "umph" into their punch and for the most part will start out having a diameter larger than some lesser diametered calibers have when they expand. I simply love the great big heavy bullets in my revolvers. I also wish I'd been at the OK Corral... so there you have it! HA! I'm sold on the concept of a big, slower moving slug plowing its way through the target to get the job done. Sure, some of the hyper-velocity rounds will do it, too, but I personally believe that big bullets will plow on through when others may have their mushrooming or "performance" interfered with in some way.., for example, by a very heavy winter coat, etc. Even with all this said, I DO use

lighter weight, high velocity loads in some of my guns like the 9mm's and .357 magnums. Some calibers like these two just make better use of the lighter bullets and can't handle, nor were they ever made to handle, the heavier weights of bullets that some people try to cram into their cases. For example, look at all the police agencies that thought the 147 grain 9mm bullets were the "answer" to stopping power problems against criminals.. .most of them have now gone back to the 124 or 115 grain jacketed hollowpoint rounds! Why? The 9mm was never meant to handle slow moving large bullets like the 147 grain slugs. But, for the .41, .45 (ACP and "Long" Colt), and the .44 magnum, these are ideal for heavy bullets at moderate velocities. Their cartridge cases almost demand that one load them with bricks! My preferred weights in the .41 magnum are the 210 and 240 grain cast slugs; the .45 Colt as I've stated is the 255 grain SWC cast bullet; the .45 ACP cast 230 grain round-nosed bullet is hard to beat in so far as cast slugs go for this caliber and for the .44 magnum, I prefer the 240, 245, 255, and 300(+) grain weights for heavy loads. Some of my favorite loads for the .45 Colt (often called the "Long Colt") are 6-7 grains of Red Dot powder behind a 255 grain SWC cast bullet for about 800 FPS or slightly less. For that extra punch, I simply switch to 9.5 grains of Unique but **ONLY IN RUGER SINGLE ACTION REVOLVERS!!!** Do not use that load in the heirloom Colt you inherited...instead, use only 7.5 grains of Unique powder or you'll eventually be very sorry when the gun wears out! For the .44 magnum, I like the 255 grain SWC cast bullet from Lee moulds sized .429 inch in diameter. That bullet can be pushed by 19-20 grains of H-110 or Winchester 296 powder and you'll

have all the power you'll need. Elmer Keith liked to use 22 grains of 2400 powder pushing a 245 grain Lyman cast 245 grain SWC for well over 1,200 FPS in his favored four inch S&W revolvers! That was a very stiff load and hard on the shooter, but very accurate. I use the H-110 and the 296 powders with 19-20 grains to give about 1,100(+) FPS with much less pressure and milder recoil when using the 255 grain bullet. For the .41 magnum, 10 grains of Unique and the 240 grain cast bullet from Lee moulds is all that one could desire if the .41 is your preferred magnum round. Easily handled, strong, and over 1,000 FPS in any four to six inch barreled handgun. I might note here that with few exceptions, I prefer the Ruger single action revolvers for most of my heavy duty shooting. Why? They have a proven track record with me and are tough to break, fairly simple to repair if they do, and have more than enough strength to handle your "pushing the limit" experimental handloads. . .my opinion only. All the loads listed above can be effectively used in any good quality name-brand handgun with no fear of losing your hand, by the way! They are well under maximum pressure levels with this one exception.. .Elmer Keith's load of 22 grains of 2400 powder.. .THIS LOAD IS MAXIMUM! And, I might add, if you use jacketed bullets, reduce that load to no more than 20 grains of 2400 or even 19 grains. Why? The jacketed slugs are harder to push down the barrel and the pressure curve can dramatically rise with some chance that bad things I'd rather not mention might happen! Believe it or not, hard cast bullets can be pushed faster than jacketed bullets of the same weight with the same powder charge! Why? Due to the "less friction" of the cast bullet in the barrel.

I'm going to break out my old single actions and give them a good work out real soon. Maybe I'll cast up a few thousand bullets and load up some of my all time favorite loads and just make a weekend of it. So, if you hear thunder coming from northwest Alabama, and if its on a weekend, it may just be me out at my favorite gravel pit playing with my guns! HA! Take care until next time.



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**So There!**

## The Kiss-Off Commentaries

by Pug Mahone



### **Black Robed Commie Scum Tell Louisianans That Cops May Search Their Homes Without A Warrant!**

Hearings on a lawsuit filed in 2000 against "law enforcement" in Denham Springs, Louisiana, concluded late in March, 2004 with a ruling from the fifth circuit tribunal proclaiming that cops may search a Citizen's home without permission and without a warrant if that cop "fears for his safety".

The ruling flies in the face of Americans' Fourth Amendment Right stating, "The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized."

This amendment to the Constitution, the HIGHEST LAW of our land, sets all of

the guidelines as to how and why a search of a Citizen's property may be carried out. Should these conditions not be met, then no search may be conducted. A policy enforcement officer's vague and undefined "fear for his safety" does not cut mustard with the standards of freedom set by the Constitution. If a cop is going to wet his panties every time he knocks on a door, he better start looking for another line of work. And if black robed scum masquerading as judges believe they can render rulings that violate the Rights of Americans, they'd better start looking for another line of work too!

Though the original lawsuit was directed at an unlawful search conducted by policy enforcement officers in Denham Springs, Louisiana, the fifth circuit tribunal's ruling will apply to it's federal district, taking in the States of Louisiana, Texas and Missouri spreading this unlawful tyranny to the Citizens of two other States. It's not gonna stop there, either folks! Remember, this was a federal tribunal. Scum from all over the country will begin to think that federal courts are not going to uphold Constitutional Law. They will probably be right.

New Orleans Police Department spokesman Captain Marlon Defillo couldn't wait to start wielding this piece of uncle Joe's manifesto against the Citizens of New Orleans. Saying "the new power" will go into effect *immediately* and that it will not be abused. What this dumbass doesn't seem to realize (or maybe he does, which would make him a traitor) is that this "new power" ***IS*** an abuse! This policy pretends to give police the "authority" to violate your Right to be secure in your person, house, papers, and effects against unreasonable searches and



seizures. Since the enactment of a policy that abrogates one of the enumerated Rights of the People *is* an abuse against the people, how the hell can you make use of this “new power” without abusing your victim’s Right?

Two dissenting judges called the decision “the road to hell”. There may be some debate as to just how far down that road we are. To my thinking, America is at the gates with a crow bar prying at the lock so she can jump in the blazes with both feet!

Captain Defillo also stated that he didn’t think there’d be any problem due to the “new power”, but if there were, they’d be handled. Defillo went on to say, “There are checks and balances to make sure the criminal justice system works in an effective manor.” Every time Defillo opens the gap in his face he pushes donuts into, he proves what a dumbass he is. The Fourth Amendment to the Constitution *is* a check and balance to make sure the criminal justice system works, yet Defillo thinks the unlawful abrogation of that enumerated Right helps the criminal justice system. Well, it certainly helps the criminals working *in* the justice system, but does nothing for the people’s confidence in the system! Nor does it help the system to work.

Despite ANY ruling rendered by an enemy of Americans’ Rights, policy enforcement officers DO NOT have the authority to enter or search your premises without a warrant! Your Rights cannot be taken away or granted by ANY earthly power! Your Rights are yours and you may exercise them at your discretion. Dumbasses like Defillo had better start supporting the checks and balances in our real Laws and stop unlawfully abrogating

them. The only check and balance that will soon be left is our Second Amendment Right. It will soon be up to We The People to enforce Law when dumbasses begin enforcing their dumbass policies!

### **Fifth Circuit Tribunal Conspires With The IRS To Fraudulently Convict Citizen.**

By now you should have heard of the plight of Dick Simkanin. Dick Simkanin is the owner of Arrow Custom Plastics and employs a number of people in his business. Mr. Simkanin has researched the claims of the IRS regarding statutes requiring employers to withhold income taxes from an employee’s paycheck. Mr. Simkanin found what many people, juries and courts have found before and since. There is no law requiring employers to withhold income taxes, nor is there any law requiring Citizens to pay income taxes. In response to his findings, Mr. Simkanin obeyed the law and stopped withholding money earned by his employees.

In an attempt to terrorize Americans into turning their wealth over to the IRS, the unconstitutional agency began procedures to railroad Mr. Simkanin into a federal prison. In January of 2004 after kangaroo tribunal proceedings, Mr. Simkanin was unjustly convicted. Mr. Simkanin was not allowed to present arguments or to clarify what the statutes say to the jury. The jury was uninformed as to the nature of the charges against Mr. Simkanin and was ignorant to the fact of to just who the statutes apply. Fifth circuit tribunal “judge” John McBryde blocked Mr. Simkanin’s defense from presenting the jury with the words of the law, as well as



prevented the defense from pleading constitutionally enumerated Rights.

Considering the fraudulent “legal” proceedings described, you may not find it a surprise to read that **No charges were filed against Mr. Simkanin at the time of his trial!** That’s right! The entire procedure was Completely fraudulent!

Official documents of notices of levy and intent to levy assessment dates were dated March 10, 2004. This is 2 months after Mr. Simkanin had already been convicted! **This means Mr. Simkanin was tried for a crime that he could not have yet perpetrated!** Let alone for a crime which according to IR code and statute DOES NOT EXIST!

The federal tribunal and “judge” John McBryde HAD to know of this “indiscretion”. While Mr. Simkanin was being railroaded and his arguments being blocked by McBryde, the IRS, the federal persecutor and “judge” must have known they were proceeding without “legal” grounds. Yet, they persisted.

The corruption only gets worse. A segment of the pre-trial transcript of the Simkanin railroading has just been released. Courtroom observers who have read the transcript have stated that the transcript had been deliberately and illegally altered to hide significant acts and rulings made by John McBryde while acting as “judge”. These courtroom observers have turned witnesses, filing affidavits attesting to what they witnessed and the inconsistencies in what the altered pre-trial transcripts reveal.

Additionally, there is another witness to the alteration of transcripts. This witness

is in the form of audio recordings. Upon learning of the inconsistencies in the transcripts, the Simkanin legal team asked for access to the audio recordings. Court reporter Eileen Brewer at first denied the existence of any audio recordings. Fortunately, after inquiries from Simkanin’s lawyer, Arch McColl, Brewer admitted that the audio tapes did, indeed, exist, but that they were “the personal property of the court reporter”. She suggested that if there were questions, she would go back over the tapes and “correct any ‘errors’ in the transcript”.

You know, I have recently had an enlightening experience. I have learned that foxes do not eat chickens. After interrogating a fox suspected of raiding hen houses, the fox told me that foxes do not eat chickens. I’m glad we can trust foxes and court reporters suspected of committing crimes.

John McBryde continues to keep portions of the kangaroo trial under seal. It is an obvious conclusion that Mr. Simkanin’s conviction was the result of fraud and conspiracy to commit fraudulent proceedings.

### **The US Unloading Weapons Of Mass Destruction In Iraq.**

Soon after the staged terrorist incidents on September 11, 2001, George W. Bush began calling for the US invasion of Iraq. The Iraqi regime was never accused of being involved in the attacks against Americans, but the charge was made that the regime had acquired “weapons of mass destruction” and posed a threat to Americans. Though no evidence of this accusation was presented and no formal declaration of war was declared, Congress

unlawfully delegated it's authority to wage war to the president.

Despite what you might think about terrorism and who the terrorists actually are, we have a system for which we declare and wage war. That system is laid out in the Constitution, Article 1, section 8. Congress is NOT granted the power to delegate it's authority in this manner. Our forefathers were wise enough to keep all of the powers of government out of the hands of a single person, office or even branch. Following the guide laid out in the Constitution, reasons and evidence must be presented before Congress as to why we must send fellow Citizens and neighbors to kill others and to die in battle. This provision was to help to ensure that wars were to be fought only for just causes and not as a means to gains for corporations like Haliburton.

Of late, the current administration has been taking much criticism over the lack of weapons of mass destruction found in Iraq. In fact, evidence appears to show that Iraq was in compliance with treaty and the accords of the first gulf war. The Bush administration must now explain why we fought a war to remove the government of a sovereign nation that posed no threat to Americans.

A report has recently leaked out of the interim Iraqi government that a ship laden with US and Soviet era weapons has been unloaded by US and English troops in southern Iraq. According to Mehr News Agency, the source leaking the information is on the Iraqi governing council. According to the source, the weapons were loaded onto vans in the vicinity of Basra under the cover of night and transferred to an unknown location.

As the elections are looming closer on the horizon, the current administration needs to uphold the illusion of support of the majority. It is, as yet, too early to "discover" the "weapons of mass destruction" that have been planted in Iraq. When the elections are closer and the sheeple have forgotten the information leaked by the Iraqi governing council, the weapons will suddenly be found and the "discovery" will be used to boost Bush's standings in the polls.

### **Election Year.**

This brings us back to the subject of this year's presidential elections. Are you ready for it? Do you know the issues? Do you know what referendums, initiatives or levies will be on your ballot? Do you know who you will vote for?

If you can't answer these questions, it's high time you get your posterior in gear! America needs you and Americans need you to educate them as to what is really at stake! Don't make them try to learn it from the 6 o'clock news. They'll never figure out what's going on by watching pavlovian drivel!

Don't let the controlled media catch you in the trap of supporting one of the socialist/communist/globalist parties. Neither the Republican nor the Democrat parties are doing a thing to preserve or restore our once great Republic. In fact, both these evil parties are working very hard to subvert America into a mere province of world government. No longer sovereign, America will no longer be allowed to enforce her own constitutional Law. Citizens will no longer be allowed to exercise their God given Rights. This is

what you are voting for when you choose whichever socialist party you believe is the lesser of the evils.

STOP voting for evil! As I pointed out in last issue's column, there are viable alternatives to evil party R and evil party D. Both the Libertarian and Constitution Parties are offering candidates of integrity and American principle. In matters of preserving American sovereignty and restoring constitutional Law to the American Republic, these candidates are far superior choices for Americans. These candidates *know* what the Constitution says and are willing to put government back into the confines of the Constitution. The candidates of the Libertarian and Constitution Parties have promised to downsize government, bring home our troops and put an end to statutes and tribunal shenanigans that abrogate our true form of government and Law. If you are tired of the crap that politics as usual has brought to your life, then jump off the evil establishment bandwagon and vote for something that you can truly believe in.

### **The Parties And Their Candidates.**

The Libertarian Party has two candidates battling for their party's nomination at this writing. Aaron Russo is one of the close front runners of the Libertarian Party. He has been active in Hollywood for many years, producing programs such as *Mad As Hell* and more mainstream movies like *Trading Places* starring Dan Akroyd and Eddie Murphy. He has helped to found the Constitution Party and has been working toward restoring America's Constitutional Republic.

Aaron Russo sums up what he believes and why he is running with the following

release:

America's in crisis and we're facing great danger from our own government. I've identified twelve points every American should be alarmed about. Let's examine what they are, and see what our government is doing:

1. Both political parties lie to us, and neither can be trusted.
2. Our economy is a disaster.
3. We're losing our right to free speech.
4. Both parties passed the Patriot Act, a crime against all Americans.
5. Both wage war against medical marijuana and alternative medicine.
6. Both attack our right to bear arms.
7. Both parties overtax, overspend, and over-regulate.
8. Where is the gold owned by the American people? Neither party will address this issue and we need answers.
9. Both parties station our troops around the world rather than protecting our borders from terrorism and illegal immigration.
10. Both parties are guilty of starting the war in Iraq.
11. Both parties want to keep our troops there indefinitely.
12. Both parties are equally guilty for America's youth dying there for no reason.

If you continue to vote for one of the two major parties, nothing will change, and you're wasting your vote. Voting for the lesser of two evils is still voting for evil and not an answer. Don't waste your vote! It is time for the American people to rise up and put an end to our corrupt government, and I will be proud to lead the way.

I will bring our troops home from every corner of the globe. I'll revoke the Patriot Act, I'll cut taxes, cut spending, I'll cut the size of government. I'll stop corporate welfare. I'll engage all nations in trade and commerce. I'll protect our air and water, and I'll protect our borders, but most importantly I will protect our Constitution and Bill of Rights.

My campaign is not about any single issue, it's about government's proper role in your life. Do you want to live in an America where government is your master, or your servant?

The choice is yours. The decision is momentous.

We can clean up this government right now, but I need your help! Please forward this message to everyone in your address book..... And please donate. I'm Aaron Russo, and I'm running for President, thank you and please join me.

Aaron Russo's campaign can be further studied at his web site, [www.russoforpresident.com](http://www.russoforpresident.com)

The other leading candidate for the Libertarian Party is Gary Nolan. Gary Nolan has been the host of two national talk shows, *National Voice Of Liberty* and

*Nolan At Night*, broadcast from Washington D.C.. Gary Nolan also served as president of Capitol Watch, an organization dedicated to fighting higher taxes and out of control spending. He is currently on the board of directors of Free The Eagle, an organization dedicated to eliminating unlawful taxation.

Gary Nolan sums up his campaign with the following release:

Gary Nolan's campaign intends to focus on major, substantive issues where the Democrats and Republicans are moving in the wrong direction, and a substantial portion of the public wants to move in our direction. Specifically. . .

(1) The Economy, Government Spending, Taxation and Social Security:

What's the most that any American should be required to pay in local, state, and federal taxes combined? According to polls, a majority of Americans say 20% or less. Yet government currently confiscates nearly 50% of the average American's income.

Federal spending is ballooning out-of-control and deficits are exploding. Democrats would raise our taxes to pay for more spending -- Republicans would raise our children and grandchildren's taxes instead. Neither is acceptable in a free society.

It's time to limit the federal government to only those powers and functions specifically delegated to it in the Constitution. It's time to get rid of the personal income tax and the IRS. It's time to replace the bankrupt Social Security system with individual retirement

accounts and honest accounting. It's time to downsize the federal budget and upsize the family budget.

Letting Americans keep the money they earn is the best cure for an ailing economy. Letting the people of each state and community decide for themselves how much government they want, and are willing to pay for, is the best way to make that government accountable to the people.

## (2) Civil Liberties & the War on Terror:

The War on Terror has turned into a war on the individual civil liberties of the American people.

Restricting civil liberties are the tactics of the opponents of human liberty, human rights and the individual's rights as expressed specifically in our Constitution and Bill of Rights. These tactics are undermining our national security instead of enhancing it; they have no place in a free society.

I propose an immediate restoration of our full civil liberties as a key component of enhancing our national security. Misguided laws like the American Patriot Act should be repealed.

Drug Prohibition has created a gigantic black market, empowering criminal gangs that terrorize our cities and funding terrorist organizations like Al Qaida. It's time to repeal federal drug laws, enabling the people of each state and community to choose alternatives to this failed policy.

In a truly free society, neighbors watch

out for neighbors. They don't resort to profiling based on stereotypes, they don't feel trapped and unable to travel. They work together in a positive way to keep their own communities safe. This is the America we deserve.

## (3) National Defense & Foreign Policy:

National defense is the primary Constitutional function of the federal government. We must maintain a strong defense against potential aggressors and be prepared to respond to attacks like those that occurred on September 11, 2001.

Equally important, we must refrain from intervening in the quarrels of other nations and from making enemies of oppressed people who would otherwise look to America as a beacon of hope and freedom. We must stop providing aid and support to authoritarian regimes and dictators around the globe. We must remember that our own government helped arm and train the military of Iraqi dictator, Saddam Hussein -- the same military that our troops later faced in brutal combat. We must not allow something similar to happen again.

It's time to bring our troops home from the more than 140 countries in which they are stationed. It is especially ludicrous for America to be subsidizing the defense of wealthy nations like Germany and Japan, as well as providing 60% of the world's foreign aid.

Friendship, non-intervention, and trade with all nations is a time-honored prescription for an America that is at peace with the world. It was the policy

recommended by America's Founding Fathers -- one that I would restore as President.

For more information on Gary Nolan's campaign, go to [www.garynolan.com](http://www.garynolan.com)

To find more on Libertarian candidates and the Libertarian platform, go to The Libertarian Party [www.lp.org](http://www.lp.org)

The Constitution Party is one party that should not be overlooked by Americans. While the Libertarian Party platform and candidates are hugely superior to those of the Democratic and other Democratic Parties, libertarians have been historically weak on the defense of America's southern border, immigration and the support of Christian values.

The Libertarian Party has bought into the mythical "separation of church and state" fallacy used by big government to unlawfully regulate and control religious ideas in America.

The Constitution Party takes a more historical view of the First Amendment, acknowledging the role that Christian beliefs played in the lives of our forefathers. As America's early leaders represented their neighbors guided by Biblical principles, the Constitution Party allows it's candidates to take guidance from Biblical principles.

The Constitution Party's 2004 candidate is Michael Peroutka. Michael Peroutka's stance on the Constitution Party's platform and his own principles are stated in the following release:

The very first presupposition of American government is that there exists a Creator God, yet our taxpayer-funded schools teach our children that He either doesn't exist or that they can't mention His name. This attack against the right of the people to acknowledge

God is disgraceful and it is un-American. The Constitution Party is committed to an American understanding of law and government – that rights come from God and that it is the purpose of government to secure and defend them.

Strong families are the essential building blocks of a strong, moral and just community. But America's families today are under constant attack by federally funded programs that are dangerous and unconstitutional. Government schools are drugging and "dumbing-down" our children making them dependent and compliant. The Constitution Party encourages faithful fathers and mothers to train their children to love God and serve others according to their own conscience and without the interference of unConstitutional federal programs

America needs and deserves a president that is willing to stand up against the entrenched socialists, elitists and globalists who presently have a stranglehold on American political power. It is clear that both major parties are committed to the agenda of the new world order and seek to enforce economic, military and social policies that are antithetical to the interests of the people of America.

Michael Peroutka and the Constitution Party will fight to defend America against its foreign and domestic enemies in order to return to a Republic of Sovereign States based on Biblical principles.

Michael Peroutka is also most clear on his stance for Americans' Right to keep and bear arms with the following release:

Since I understand the clear meaning of "shall not be infringed", I will support the right to keep and bear arms throughout the United States, including the District of Columbia and I will oppose efforts by the United Nations to restrict our God-given right of self-defense.





Michael Peroutka not only supports America's Second Amendment Right, he has the fortitude to pose with an SKS with normal capacity magazine, as shown above.

Michael Peroutka sums up his campaign with the following release:

Some conservatives just don't get it when it comes to the U.S. Constitution. In one of his columns recently, George Will says that this year we may be seeing the most nation-shaping election since 1932. As Will sees it, the battle is between Democrats and Republicans, what he calls two radically different ideas of the proper role of government and the individual's proper relationship to government.

On the one hand, Will says there is President Bush's so-called strong government conservatism which he insists is not synonymous with Big Government --- a distinction without a difference, as I see it. And then there is the traditional Democrat Liberal agenda which he says favors expanding government controls and shrinking the sphere of freedom of choice to promote equality.

Will, who obviously favors this strong government conservatism, says it contracts the dependency culture and expands the sphere of free choices thereby enhancing the individual's responsibility.

Well, now, I've got to be honest. I have no idea what George Will is saying here. But one thing is clear: He completely misses one very

important aspect of this year's election. One issue that Will totally ignores is the U.S. Constitution.

Forget strong government conservatism --- whatever that means. It sounds like an oxymoron if ever there was one. And forget the usual Big Government Liberals.

One of the key issues in this year's national election is: Which party, which candidates, are Constitutionalsists? Which party, which candidates really believe in our Constitution and will say, explicitly, that they believe the Federal Government should do nothing that is not specifically authorized by the Constitution.

When the record is examined, the sad truth is that neither our current President nor any of the Democrat Presidential candidates seem to care at all about how our Constitution strictly limits what the Federal Government can legally do.

I do care about our Constitution. That's why I'm running for President on the Constitution Party ticket. And I promise you that if you will vote for me, and if I am elected, I will obey the Constitution, so help me God.

To learn more of Michael Peroutka's campaign, go to [www.constitutionparty.com](http://www.constitutionparty.com)  
To read more on Michael Peroutka, go to, [www.peroutka2004.com](http://www.peroutka2004.com)

This year's elections are extremely important. We have just covered the presidential elections, thus far. There will be far more important local issues in your area. You must learn of these issues and what will be on the ballot. America is depending on YOU!

**I PLEDGE ALLEGIANCE TO THE FLAG  
OF THE UNITED STATES OF  
AMERICA, AND TO THE  
REPUBLIC, FOR WHICH IT  
STANDS; ONE NATION,  
UNDER GOD, INDIVISIBLE,  
WITH LIBERTY AND JUSTICE FOR ALL**

## Projects For Home And Life

### Teach Your Children Well With This American Indian Crafted Turkey Call



The author's daughter, *Cassandra*.

by the Reverend Doctor J.D. Hooker

When it comes to race and religion, my good friend Rick and I are worlds apart.

Before you start thinking that the two of us argue or fight about matters of religion or race, maybe I need to sort of qualify that first statement. You see Rick is an American Indian, and even in today's decidedly high tech and agnostically oriented society, my friend still *very* devoutly follows and practices the faith and belief system of the "pre-contact" Shawnee. While, living in this same "values neutral" (ever notice how similar neutral & neutered are?), overly tech world, I'm a white guy; with my Cherokee

wife and I both being fundamentalist Baptists.

Yet it's sort of amazing how similar our outlooks and basic values actually are, even though arrived at from such differing backgrounds. One of the similarities being the importance that we both place on family. In fact, each of us really feels as if we don't actually *own* anything; instead we simply hold things in trust, as they're being passed down from our great-grandparents to our great-grandchildren.

Another area where our individual beliefs and core values overlap is when it comes to teaching our children and grandchildren. *Sure*, my kids, his kids, and if you have them your kids might just actually be able to eat supermarket and restaurant foods, flip a switch to have light, adjust a thermostat to be comfortable, and travel by car, bus, airplane, etc. through their entire life times. But, what if for some reason they aren't? Or maybe *their* grandkids aren't given such options? Plus, doesn't that sound like a mighty dull way in which to spend the great and grand adventure that a person's lifetime actually is?

So, we've each invested quite a bit of time into not only teaching our children and grandchildren how to hunt, gather, trap, fish, fashion things, and do a whole slew of things the "old" ways. But in showing them how much enjoyment and personal satisfaction, as well as how strong a feeling of self-sufficient independence a person can get from doing so.

In my own opinion, teaching the skills of your own *ancestors* to your kids and their kids, is actually *the* single most important "job" of a person's life.

Maybe the most important things to remember in trying to get your own sons or daughters to really grasp and learn the things you're striving to pass on to them might be. Helping them see that each lesson you're trying to give them is *important*, while making sure each lesson is both interesting and fun.

Just as sort of an example, let's just kind of review the series of "lessons" on turkey that my wife and I went through with Casandra, our own youngest daughter, this year.

After I came home with a nice fat gobbler, towards the end of last spring's season. I asked our daughter what all she thought this particular bird might be useful for, besides making a mighty tasty dinner. Tying fishing flies, fletching arrows, crafting the long sharp spurs into arrow points, pillow stuffing, emergency thread or string from the intestines, and trotline or trap line bait from the entrails (if she didn't use them for cat food first!). Were just some of the nine year old's answers.

As she helped me dry pluck the fat bird, while keeping each type of feathers separated according to how they'd be used. I let her decide whether we'd enjoy eating turkey right away, or save it for a later time. Once she'd opted to save the bird for Thanksgiving dinner, I also allowed her to decide how she wanted to cure and smoke it. Though I knew before asking how she loves the taste of a maple sugar and salt cure, as well as her strong preference for a mixture of hickory and apple woods for the smoking.

So, once the bird had been cured and smoked (all of which she gladly helped with), we let her wrap it up in a piece of

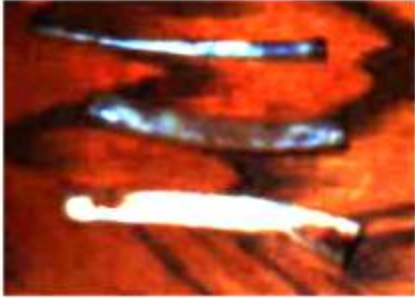
muslin cloth, and hang it up to wait until late November. Once the evening before Thanksgiving finally rolled around, my wife let her unwrap the turkey. After which they left it to soak in cold water over night to remove some of the saltiness. Once the next morning rolled around, the two of them patted the bird dry, before stuffing it with a mixture of cornbread crumbs, chopped fresh mushrooms, dried cranberries, hickory nuts that we'd gathered and shelled, a little wild rice, and a small amount of venison sausage. Then roasted the bird until the meat was almost tender enough to fall off the bones.

Once dinner, and the ensuing clean up were over, it was time for yet another "turkey" lesson.

At first I simply asked our daughter how she thought I'd managed to bring home the gobbler to start with. Her reply was that I studied the birds in our area all year long, and then went out and hid really well, before daylight came. Then I'd "simply" called one into range, and shot him.

I then asked her if, seeing how it was so "simple" and she was ten years now, she might like to try shooting her own turkey next spring. Once her excitement over that one had abated a little. I then asked her if she didn't think that just maybe she'd best get busy fashioning herself her own turkey call then, so she could just simply call one into range for herself

So the little girl gathered up the three main bones left from one of the turkey wings, and set to work. Copying what she'd seen me do several times before, she



Three bones of the turkey wing will be gathered and used to make a turkey call.

used the sharp edge of a broken piece of flint to score all the way around the bulbous ends of each of the bones from the wing.



Casandra scores the ends of the turkey bones.

After snapping each of the ends off cleanly, she then used a piece of stiff broom straw to clean out as much of the marrow as she could from inside each bone. Before tossing all three into a small pot of boiling water, where they were left for fifteen minutes or so.



Casandra removes the marrow from the bones with a stiff broom straw.

While the boiling water was further cleaning out the small bones, she and I went out of doors to stir together a small pot of “glue”. Now often enough I’ll toss fish scales into a pot, add water, and just let it boil away, until nothing’s left but a viscous jelly-like mess; and this is actually about the finest glue I’ve ever used. But, it was starting to grow dark outside, and she was pretty excited. So I simply poured a small amount of gasoline into an old tin can, then let her stir in broken bits of “Styrofoam” until it was nice and thick, and sticky.

She needed to use a piece of sandstone to do just a little bit of abrading, so that one end of the smallest bone would fit into an end of the next smallest one. Then after ascertaining that an end of the largest would fit over the middle bone. Her small fingers used a matchstick sized wooden splint to apply the homemade glue where it was needed. After which she assembled the whole wing bone turkey call, and set it aside to dry.





One turkey call waiting to dry.

About an hour later (this type of homemade glue hardens up fast.) she placed the smallest end slightly off center between her lips. Sucking in, sort of in a kissing fashion, she then produced a very un-turkey-like noise. Before the next hour had gone by though, not only was my wife starting to give us her “angry” look. But the sounds coming forth from the call had taken on a suspiciously “turkey” sort of tone. By the time the next turkey season rolls around, I fully expect her to be better at using this type of turkey call than I’ve ever been.



Practicing with the turkey call.

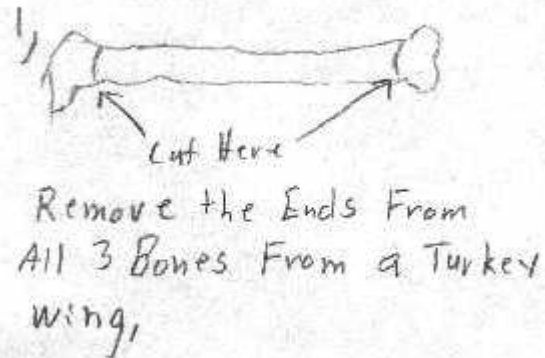
About the time she was ready for bed, Casandra reminded me that a turkey had Two wings. When I asked why she’s mentioned that, she wanted to know whether I thought it would be okay if she made Rick a wing bone turkey call for Christmas.

I assured her that Christmas or not, even the High Chief of the Shawnee Nation United Remnant Band, would just love to own a turkey call, that she had fashioned with her own hands.

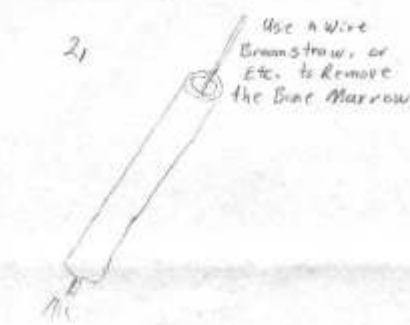
At any rate, as you go about teaching any members of the up and coming generations, why not make sure you teach them the lesson on making and using the simple wing bone turkey call? In doing so you might just wind up feeding someone when they’re mighty hungry.

**Summary:**

Fashioning the wingbone turkey call.



1. Remove the ends from all 3 bones from a turkey wing.



2. Use a wire, broomstraw or etc. to remove the bone marrow.

## Humor Brake



3. Boil the bones clean, then glue together.



4. Place the small end between lips. Suck in a kissing fashion to produce proper turkey sound.



A bum, who'd obviously seen more than his share of hard times, approached a well-dressed man on the street. "Hey, Buddy .....can you spare two dollars?"

The well-dressed man replied, "You're not going to spend it on liquor are you?"

"No, sir, I don't drink," the bum responded.

"You're not going to throw it away on fishing gear, are you?" the gentleman asked.

"No... I don't fish either!" answered the bum.

"You wouldn't waste the money on a deer license, would you?" asks the man. "No, I wouldn't!" says the bum, "I don't hunt!"

So the man asked the bum if he'd like to come home with him for a home cooked meal. The bum accepted eagerly. On the way to the man's house, the bum's curiosity got the better of him. "Isn't your wife going to be upset when you bring a guy like me to your house for dinner?"

"Well, probably," said the man, "but it'll be well worth it for her to see what happens to a man that doesn't drink, fish or hunt".





## *What's In The News?*

### **Want to find out what your neighbors' political affiliations are?**

Do you contribute to either the Republican or Democratic Party? If so, your neighbors can find how much you've donated and to whom.

The web site, [www.fundrace.org](http://www.fundrace.org) has a feature that allows anyone to enter a street address or just a zip code and with that information, a list of contributors from the area you've selected will load up on the monitor complete with address, the amount contributed and to which organization the contribution was made. After inspecting the site, I have found that only contributions to either the Republican or Democrat Parties are listed.

Privacy advocates will find [fundrace.org](http://fundrace.org) appalling, but this is not the only place to find the information. The information is available through the Federal Election Commission (FEC) at their web site. Access to this information will lend itself to abuses by employers who like a workplace to all vote the same way, or may be abused by stalkers and the mentally imbalanced.

If you are interested, however, in how your neighborhood stacks up to American ideas or socialist politics, this site may help to open your eyes.

### **Summer Bombing Campaign Anticipated.**

Federal counterterrorism officials have announced that they suspect commercial transportation in major cities to be

targeted by terrorists for a summer long bombing campaign.

Again, this is the result of "uncorroborated intelligence reports". Such reports have been released in the past to cow Americans into support (or at least silence) concerning unconstitutional acts that the federal government wanted to give itself color of law while violating Americans' freedoms.

As this is an election year and it is doubtful that the current regime would want too much unrest, therefore a major bombing campaign is unlikely. A few bombings may take place, however, should Americans resolve to regain stolen Rights.

Homeland security is reporting that bombs may be hidden in luggage, prodding security sweeps of bus and train stations. It is being reported that bombs of the fertilizer and fuel oil type will be used. In 1997, the federal government lied about this type of bomb being used to demolish the Alfred P. Murrah federal building in Oklahoma City.

Extra precautions may be necessary for Americans to exercise this summer. Do not use public transportation to travel, as they may be targets for terrorists (whoever those terrorists may be). Public transportation will also not allow passengers to be armed for their own self defense, degrading your personal security. Ensure your own security and utilize personal transportation until a time when freedom is restored in America.





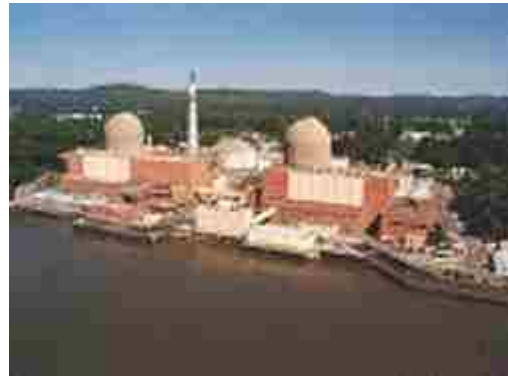
## Live Free or Die

### Survival Planning, Contingency Kits, & Bugging Out - Part 1

by Tom (from New England)  
<berkshire@hd-works.com>

When I started writing this piece, I was reading an article in the Westchester County, NY Journal News on how the local governments in the area were not cooperating with FEMA by not providing data needed for the re-certification of the Indian Point Nuclear Power Plant emergency plan. The consequence is that the plant owner, Entergy Nuclear Northeast, and FEMA will invoke the Reagan-era Presidential Executive Order 12657 that lets FEMA and Entergy create evacuation plans without any input from the locals, and later bill the locals for the cost. Executive order 12657, interestingly enough, came about from New York State's refusal to participate in the emergency planning for the Shoreham (Long Island) Nuke Plant in the late 1980s. According to the story, New York State hired former FEMA Director James Witt to analyze the current Indian Point plans. Witt concluded that the plans were ineffective. As a result, the four counties in the Indian Point Emergency Planning Zone (Westchester, Rockland, Putnam and Orange) refused to state that the

plans were workable and up-to-date. One county, Westchester, has also refused to let FEMA officials have access to county records that would "allow" FEMA to rubber-stamp the plan as workable.



This story provides a good lesson for the survivalist. Only YOU can be responsible for your own safety and preparedness. While the county, local and federal officials in Southeast New York (mostly Liberal Democrats) play games with each other; the people who live near Indian Point are without an effective emergency plan. Should something happen those people will be absolutely screwed save for the few who had the foresight to make their own plans. **Proper planning prevents pitifully poor performance.** Unfortunately, many often overlook the planning aspect of their survival preparations. I have met some otherwise very intelligent individuals whose planning never went beyond "If the crap hits the fan I'm heading for the hills." While "bugging out" can be a viable strategy in many instances, the espousal of "crisis relocation" by government planners will ensure that in a disaster situation there will be large amounts of sheeple on the road with nowhere to go. If you think rush hour is bad, just wait.

#### Identifying Potential Threats

The first step for the survivalist is to perform a hazard analysis of his locale. This should focus on his locale's disaster

history, frequency of severe weather, geography, and proximity to high-risk areas. The following questions should be asked:

- 1 History:  
Has the locale experienced past disasters?
- 2 Weather Patterns:  
Is the locale prone to severe weather?  
What are the prevailing wind patterns in case of nuclear fallout or a hazardous materials incident?
- 3 Location:  
What is the geography of the locale?  
Is the locale near the coast or a river?  
Is the locale near a fault line or active volcano?  
Is the locale urban or rural?  
How large or vital is the locale?  
Is the locale a seat of government?
- 4 Proximity to High-Risk Areas:  
Are any major cities or industries located nearby?  
How are the ethnic/race relations in the locale?  
Is the locale near a major military installation?  
Do major highways or pipelines pass through the locale?

Chances are the answer to the first two questions is going to be “yes.” Every locale has its own particular quirks. If you have been living in your locale long enough, you remember all the times things became interesting. If you are a recent arrival, you can find some long-time resident to give you a local history lesson, or check the newspaper archives at your local library. Natural disasters and severe weather occur just about everywhere, and it’s just a matter of knowing whether you will have to eventually deal with earthquakes, tornadoes, hurricanes, blizzards, floods,

or whatever.

If your potential concerns include a hazardous materials (hazmat) incident, nuclear weapons fallout, “dirty bombs”, or nuke plant incident then the wind speed and direction will become very important to you. In the continental United States, the prevailing winds blow from west to east; subject to local variations. You however, will be more interested in when that railroad tank car, tractor-trailer, or pool supply store has an accident or fire, and whether or not that smoke plume is going to become a concern.

Once the survivalist completes his study, he can develop a list of potential survival situations that may affect him. These survival situations can be categorized as either man-made or natural disasters. Such a list might look like the ones in the text boxes below.

When you are doing the hazard study of your area and developing bug-out routes if they are required in your contingency plans, you will be making extensive use of maps. A good set of maps is probably one of the most important tools any survivalist could own. Having the ideal number of maps can get to be an investment, especially considering one DeLorme topographic atlas can cost \$20. You should start by concentrating on your local region first, as you’ll first be doing a hazard analysis. Then you can expand to areas you find yourself in regularly. If you are bugging out to another region, you will want the appropriate maps for that area as well. Ideally you should have the following for every area of operation:

- 



- 7.5 minute series USGS Topographic Maps of your area, and adjacent maps
- Road maps for every state you may find yourself in
- DeLorme topographic atlas for your state, and neighboring states – I highly recommend these maps. Their web site is at <http://www.delorme.com/atlasgaz/>
- Street maps for your town/county and surrounding ones – You can often get these for free from local businesses or your town hall/county office building.

There is one warning about maps you should be aware of. Sometimes what is on them doesn't correspond with the real world. Roads are always being worked on, and the one that appears to go from point A to point B may be washed-out as a result of a storm last year, or turned into a dead-end because some local big-shot didn't want all the through-traffic on "his" street. When planning bug-out routes, always confirm that they will work by making a practice run. Ideally, you should have at least three different routes thought out. This way if one becomes impassible, you still have at least two others to use. Natural disasters can flood out roads and bridges. A hazmat accident on the highway can not only block the road, but also the areas around and downwind from it. You might have to go way around the problem area. In a case like that, detailed street and road maps will help you get home. Very recently in Connecticut, there was an accident on Interstate 95 near Bridgeport in which a fuel-tanker exploded on a bridge. The resulting fire damaged the bridge beyond usability, shut down the highway for almost a week, and caused massive traffic problems throughout the area. Commercial vehicles were sent up to Interstate 84 which was about an hour out of the way, and passenger cars were diverted to the Wilbur Cross and Merritt Parkways that are already suffering from

traffic overload. The only people who were able to effectively get around down there were those with local highway knowledge.

Besides side roads that may get you to the same place as your primary route, you may find other byways that may come in handy. There may be a railroad right of way that will get you out of the city, or an abandoned rail line that has been turned into a rail trail for joggers and bicyclists. A utility company right-of-way for high-tension lines may have a dirt road on it for service vehicles. You will also find potentially useful structures (emergency shelter). There might be an abandoned gas station on a side road that is part of your secondary bug-out route, or a public works shed that doesn't seem to get visited too often. It doesn't matter if your routes go through an urban, suburban, or rural area. You will find these things. There is one warning on railroad right-of-ways that I have to share with you however. Stay well away from the tracks. If you get surprised by a train you will lose the encounter! Many railways do have enough space off to one side of the right-of-way for a vehicle to go down them. Obviously abandoned railways are a different matter, and the local information you've collected will help you best judge that. In a survival situation, you may have to find and access a temporary secure shelter for you and your vehicle while bugging out to your retreat. You may need to get off a highway by means other than the normal exit. You may have to travel via an alternative route such as a railroad, rail-trail, or utility right-of-way. To accomplish this, you may have to bypass fences, padlocks, gates, and other forms of physical security. These actions, while frowned upon in the present, will be essential to your survival in a survival situation.

When your route reconnaissance is done, you can then go back and very discretely examine what you found earlier in greater detail. This examination is



intended to uncover what obstacles you may encounter to access the route or shelter. I cannot stress enough how important it is that you do it as discretely as possible. Some random individual who happens to observe you during your second-stage reconnaissance may get the impression that you are staking a place out. In a way you are, and they (nor the cops they call) will know you are simply doing this in the event there is a disaster situation, and you need to get past a traffic jam or shelter yourself until things calm down. In the post 9/11 situation, you have to be especially careful when going near places that are considered part of "critical infrastructure". You will discover what is blocking access, and start to get an idea of how to bypass the obstacle. The techniques in this article could get you arrested for trespassing, breaking and entering, or attempted burglary if they are used in other than a life-threatening situation, emergency, or post-SHTF scenario. Depending on local laws or law enforcement attitude, the possession of this equipment in certain situations may get you charged with possession of burglary tools. If you feel the need to carry emergency access tools, they should be carried in a toolbox among with other common tools and equipment as to not cause suspicion. In most places, having repair tools or tools of your respective trade in your vehicle is commonplace.

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There are quick and dirty techniques that can get you past or around 70-80% of all physical security obstacles in a couple minutes, leave minimal damage and initial evidence of entry, and enable you to re-secure the obstacle for your own protection and security. The last two items are of utmost importance. You don't want someone else noticing your handy-work and thinking they too have an easy spot to squat in or go through while you have camp set up.

With the exception of the two largest items, most of this kit can fit into a small mechanics tool bag, or in your toolbox hidden in plain sight among all the other tools. The preferred option is the latter. It lessens the risk of getting questioned about your intent for possessing them, and you will get hassled less if they are more or less mixed in with a whole bunch of other tools as opposed to sitting by their lonesome in their own tool bag.

- Large (24-36") Bolt Cutters
- Fence Pliers (or 6-12" bolt cutters)
- 24"+ Crowbar
- 6" "Wonder Bar"
- Leatherman Tool or Gerber Multi-Plier



- Small Lockpick Set
- “Jiggler” Pick Set
- Warded Padlock Picks
- Padlock Shims
- Spare Padlocks
- Large Black Cable Ties
- Linoleum Knife
- Multi-bit Screwdriver with “tamper proof” bits
- 2-Ton Hand Winch
- Leather Gloves

This kit gives you a number of options for quickly bypassing commonly encountered obstacles, and allows you to re-secure the obstacle after you have bypassed it. The tools are only half the equation, however. The other half is the use of your brain while doing a reconnaissance of your bug-out route, potential rest stops, and potential retreat areas. The tools listed above will get you past most of what you will run into.

- A large pair of bolt cutters will get through just about any lock, chain, or hasp you may encounter; with the exception of the large “ghetto”-sized padlocks used to secure store gates in inner city areas. The best attack point would be the chain the lock is attached to. At a later point, you can re-secure it with one of your spare padlocks and few people will be the wiser.
- Many lesser-quality padlocks can be opened with padlock shims, jiggers, and warded padlock picks.
- Chain link fences can be opened up with a pair of fence-cutting pliers or small bolt cutters. It is best to do this near a fence post, as one can use the large cable-ties to re-secure the cut section of fence and hide evidence of entry. Cutting fence can be a time-consuming method of access.
- Many doors can be jimmed open with a crowbar, wonder bar,

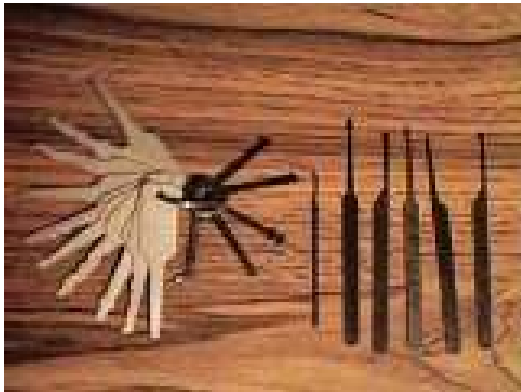
linoleum knife, or a knife or screwdriver blade from a multi-tool. I have seen doors with top-of-the-line locksets installed into them, but with susceptible latches, bolts, and strikers.

- Many items are secured with nothing more than “tamper-proof” hardware. The requisite bits will deal with these.
- Any number of methods can remove Windows from doors without breaking them, allowing access.
- A large crowbar and two-ton hand winch are very handy for removing obstacles in one’s route, or for placing obstacles behind oneself to discourage being followed.

Lockpicks are a point of controversy among many, but for what it’s worth here’s my opinion. When I refer to “lockpicks” I’m talking about the sets used to pick pin-tumbler locks usually found on buildings and vehicles. “Jiggers”, warded padlock picks, and padlock shims are a different category, and require very little effort and a modicum of skill to learn how to use effectively.

A small pick set takes up very little space in a contingency kit. For most entry problems that require you to actually pick a lock, you can get by with a kit consisting of a few picks and a torsion wrench. I have seen small sets that fit in a fountain pen-sized container, looked like a key, were sandwiched between two credit-card size pieces of plastic, and came in a pocket knife-sized holder. There are even some “full size” picks that are made from flat steel stock, and will take up almost no space in a kit. Learning how to pick locks takes a little practice, but is no more difficult than learning how to shoot. There are even free online publications such as the [MIT Guide to Lockpicking](#) that will teach you how. At my last trip to the Tulsa Gun Show, I saw a couple dealers selling a five-piece set with an instruction guide

for \$10. All things considered lockpicking equipment and knowledge is a useful tool for the survivalist.



Here's the bad news. In most places possession of lockpicking equipment is a definite no-no unless you are a locksmith, or are engaged in locksmithing as part of your job. In many cases, the circumstances of where and how you are caught with "burglar tools", and the attitude of local law enforcement depends on whether or not you are prosecuted.

The big question all survivalists have to answer is "When should I bug out?" Only you can answer that question based on your survival plans and current situation. When I'm asked that question by novice survivalists, my immediate answer is "Now." If you feel that where you are living right now could become so dangerous that you would rather flee your home than ride it out there, then you should move to a potentially safer location. If you cannot maintain a "sustainable lifestyle" at your current residence, then you should move to where you can. If you have a job that entails a long commute into the city via public transportation, you should try to find something closer to home. Like everything else in life, you will probably wind up working out some form of compromise. Anything you can do however, to improve your self-reliance, preparedness, and sustainable lifestyle is a step in the right direction.

There have been a few times I came close to implementing contingency plans. The first was during the beginning of the first Gulf War. I was just finishing my Army Advanced Individual Training (AIT) at a military post in the Midwest when the whole shebang started. (I had 2 weeks to go.) Even back then there was concern about terrorist attacks in the United States among those who were in the know. I was still in an Initial Active Duty Training (IADT) phase, had flown in, and couldn't have anything more dangerous than a nail file in the barracks. I did have my TA-50, shortwave receiver, some spare cash, and a friend in (relatively) nearby New Mexico. That weekend I went to the post library, determined routes to my friend's house with a road atlas, and copied the relevant pages. A trip to the PX's sporting goods section got me a Gerber Magnum LST lockback knife. There was an industrial surplus store in the town next to the post, and I picked up some basic hand tools there for about \$15. I cached it all near my barracks, and slept a little better knowing that if a worst case scenario occurred I was prepared as best as I could have. No one knew what was going on, and even the thought of Spetsnaz-trained Iraqi SpecOps teams detonating a small nuke on post seemed entirely plausible at the time. The remaining two weeks went by without incident, and just before I left I recovered my cached supplies.

The second time was in the summer of 1991 while I was working in a Boy Scout camp up I in the Adirondack Mountains. In mid-August of 1991, Hurricane Bob came up the East Coast. We had finished closing up the camp for the season, and were about to depart southward for home when Bob made his appearance off the coast of New York and Southern New England. We were already experiencing heavy wind and rains as far North as we were, and could only imagine how much worse it would be closer to the coast. I almost wound up

staying a few extra days up there, or possibly diverting to my grandparent's place that was even further inland (and presumably safer) until the storm passed by. As it turned out, the locale where I lived at the time wasn't hit too badly, and I proceeded home without incident. I was actually pretty well prepared when this went down. My car had a full-tank of gas, and was packed with camping gear, some canned food, radio gear (2-meter ham, CB, police scanner, shortwave), a .22 rifle, and a shotgun. I had also received the last of my salary for the season. I could have stayed up there (or at any other safe place) for at least a couple weeks if I had to.

The final and most recent time was during 9/11, ten years after the last potential contingency I encountered. The potential Y2K problem was a good excuse to update contingency plans, upgrade equipment, and fill the gaps in overall preparations. Fortunately, Y2K passed by without major incident, and those of us who know better came out even further ahead as all the Y2K wanna-be survivalists sold off the stuff they thought they no longer needed. I might add that Y2K was not a problem because those of us in the IT and Telecom industries at the time worked a lot of overtime testing and upgrading stuff to make sure it would work, but I digress. The attacks of 9/11 didn't bother me much from a solely preparedness standpoint, as I knew major cities, especially New York City, were targets, and my location at the time minimized that risk factor. I did have a couple retreat locations we could have gone to. If more attacks occurred, WMDs were used, or martial law was declared, my wife and I might have done an emergency relocation to one of them. As things progressed however, it became apparent that our apartment was still a safe location.

The 9/11 attacks did not worry me as much as the first two times I almost had

to implement a contingency plan. During the first time, I was "in the dark" in an unfamiliar area, and had to stay at a potential target location until my AD-AIT was over. I felt at the time that I was under-equipped for many problems that might have happened. I also did not have any contingency plans developed as I assumed that my two-month stay would be uneventful. The second time I was much better prepared, but having seen the destruction that hurricanes can wreak I had genuine cause for concern about my safety. All the knowledge and equipment in the world wouldn't have helped me if a large-enough tree landed on my car while driving down the road. Even so, I was far enough away from the worst of it and had a number of options available to me. What 9/11 did prompt me to do was reevaluate my existing plans, and implement certain pre-disaster lifestyle changes to maximize self-reliance and preparedness.

In the next part of this article, I will discuss contingency kit contents. As always, comments and questions are welcome via email to [berkshire@hd-works.com](mailto:berkshire@hd-works.com).

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